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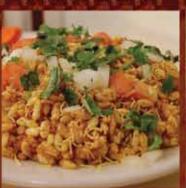
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Nightwire wishes to thank the Pitt Athletic Department for the cover photo this month.

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Telikin

By: Joyce Campisi

Opening Up the World for Seniors!



ightwire is very excited to tell you about the Telikin Computer! It is, in our opinion, the easiest, most suitable computer for an older or un-computer savvy user. Telikin is an easy to use, all in one, touchscreen computer designed with seniors in mind. Some seniors have never become familiar with computer technology and may be intimidated by computers and/or reluctant to use one. Some may have physical conditions that make using a traditional computer with a keyboard and mouse difficult. In an increasingly technological world, this leaves a certain segment of our population behind. We set up the Telikin computer, which was as easy as taking it out of the box, plugging it in and hooking it up to the internet. The Telikin is an entirely different sort of PC, definitely not for a computer savvy user. It's built as an allin-one device; the machine includes an 18- or 20-inch screen, large-print keyboard, and a normal wired mouse. It runs a version of Linux, so that you can't accidently or unknowingly install harmful programs or viruses. This also means that users do not have to purchase anti-virus software. The machine is totally set up and ready to go with built in software, plus Telikin offers free software updates to its users.

We installed the Telikin and asked some seniors and a friend who is as computer savvy as our dog to test it out. What we found was with a bit of encouragement and coaxing, they were all able to make a call via Skype and check an email mailbox we had set up. Because this computer is completely guided, there is really no way to dump into a command prompt accidently. The system supports something called Tech Buddy,

which is essentially a remote desktop connection via any other PC. This system offers support and truly helps the first time computer user. Our test subjects were quickly using and enjoying their new experience with the Telikin.

Today, with many families being geographically separated, the ability to keep more closely connected with family and friends via video chat, email, and photo sharing can reduce the social isolation that is sometimes associated with aging. Internet use keeps people mentally stimulated and can offer them independence through online shopping and access to social media, such as Facebook, to connect with others. Additionally, playing computer games increases cognition and positively engages seniors in computer use.

The Telikin is a bit limited, which we felt was a good thing for un-tech-savvy folks, so again we want to stress this computer is made for the novice or older user. Telikin stuck to one of my favorite principals: KISS – keep it simple stupid,

(no offense, it's just a saying I happen to like...and from my personal experience, sometimes my computer does make me feel stupid). We truly loved that this computer was so simple and easy to use, it's about time computer companies realized the older generation grew up without technology. I always like to say, "I grew up in Elvis Land, and now I'm expected to live in Cyber Land." We particularly liked that the buttons do exactly as they say – News gives you the news, Web gives you a browser.

The system also has a basic word processor (typewriter, as it used to be called) and calculator as well as a very simple file browser, which doesn't allow you to dig very far into the file system. Again, we felt that was a plus for the novice user. In short, what it does is hide everything from the user in order to ensure the user doesn't drag and delete something accidently into the trash can.

Cheaper computers can be purchased, but at \$699 the Telikin seems to be an excellent choice for the novice first time user, mom and dad, grandpa and grandma or in the home of any elderly person. Again, we would like to stress that more computer-savvy folks are better served by a real computer with a real operating system. For those of you that are at a complete loss when it comes to computers, we know you will find a superior experience with this computer. We highly recommend the Telikin.

Sports - 75 Years of March Madness

By: Stacy Kauffman Nightwire - Sports Feature Writer



Ike a fine wine, the NCAA tournament just gets better with age. And like some, it also gets bigger as it gets older. Not because of a declining metabolism of course, but because of increasing talent, competition and media coverage. During its inception, just eight teams competed for a national championship. Now, after the last expansion in 2011, the field has grown to 68 teams.

I wonder if H.V. Porter ever imagined that the term he first used back in 1939 to describe high school basketball tournaments, as an official with the Illinois High School Association, would come to describe one of the largest sporting events in America? That March Madness would captivate an entire country for several weeks each year? That it would describe not only the action on the court but also the practice of bracket predictions?

Although the term was used in the Midwest for more than forty years, it wasn't affiliated with the NCAA tournament until the early 1980s. Sportscaster Brent Musberger not only made Katherine Webb a household name, he did the same with "March Madness" as he popularized the nickname while calling tournament games for CBS Sports. Officially, it was 1984 when the NCAA credited Bob Walsh of the Seattle Organizing Committee for beginning the March Madness celebration, and it has been humming along ever since.

I bet you didn't know that Pitt has made it to the Final Four, did you? And before you ask, no I am not drinking

heavily or doing any psychotropic drugs. They made it to the semifinals of the NCAA championship back in 1941, representing the Eastern Conference. But that was when there were eight teams in the postseason tournament. They only had to win one game, which they did. And then they lost to the eventual champion, Wisconsin.

Since the Panthers' only appearance in the NCAA tournament's "Final Four," the closest Pitt has gotten to college hoops' holy grail is the Elite Eight in 1974 and then again in 2009. They were a last second, literally, defensive breakdown away from leaving the "can't win the big game" label in the dust during the latter. More about that later. But the lack of big time success in the big dance doesn't dampen the enthusiasm fans have for March Madness.

"My wife and I go head to head on our brackets," said Mark D'Amico of Bellevue. "Whoever predicts the most games correctly chooses where we go for a 'fancy' dinner. I'm 0-5."

Pittsburghers have lots of company. According to an online survey by MSN, sixty percent of people participated in some sort of bracket challenge last year. The first two days of the tournament cost employers an estimated \$175 million in lost productivity as workers monitor games in hopes that their picks move on to the next round.

Filling out a tournament bracket is an inexact science. As a matter of fact, it has evolved into its own "scientific" discipline, Bracketology. Some people go with the chalk, picking the highest seed to win each game, some people choose their favorite mascots and others go with the odds of an upset based on seed performance history. The number of strategies is endless. And so is the number of possibilities for the bracket combinations in a 68 team tournament. According to Drexel University's Math Forum, there are 147.57 quintillion ways to fill out a bracket! Not billion. Not trillion. 147.57 QUINTILLION. It is nearly impossible to pick a perfect bracket. But we love to try anyway.

We also love the story lines. When I asked the Twitterverse which March Madness moments stuck out to them, the responses ranged from exciting Cinderella stories to poignant play. "I'll never forget the run by Loyola Marymount in the 1990 tournament after Hank Gathers passed away," said Tommy Gallagher of Aurora, Ohio. The Loyola Marymount University Lions were the regular season West Coast Conference champs. They were awarded the automatic bid to the NCAA tournament when their conference tournament was suspended after Gathers collapsed on the court and died. As an eleven seed, the Lions made it all the way to the Elite Eight and in each game, right-handed player Bo Kimble paid tribute to his fallen teammate by shooting his first free throw with his left hand. He made every one of them.

Dr. Brent Shealer of Pittsburgh had another memory from that year. "The 1990 UNLV team really made an impression on me." The Runnin' Rebels ended the story book run by Loyola Marymount on its way to winning the title. The following season, UNLV went undefeated until they lost to Duke in the Final Four, leaving the 1976 Indiana Hoosiers as the last NCAA champion to go undefeated. Bob Knight and the Hoosiers could pop that champagne! Wrong sport, I know. Speaking of the Hoosiers, Dr. Shealer added that Keith Smart's game winner against Syracuse that clinched the 1987 NCAA title for Indiana was his most memorable buzzer beater in tournament history.

The buzzer beater ingrained in my memory was more recent. And more heartbreaking. In 2009, my husband and I found ourselves in Boston while the regional semifinals brought the Panthers to town. We scored tickets. Watched them beat Xavier and then watched Villanova's Scottie Reynolds tear the heart out of every Pitt fan as he slashed to the basket for the game winning layup. It was a long flight home to say the least.

So how will Pitt fare this year after not making it into the dance last season? As the Big East conference wraps up its regular season schedule, the Panthers already have twenty wins in the bag and at the time of this writing, they still have St. John's, USF, Villanova and DePaul on the slate, with the Wildcats posing the most trouble. Pitt should be able to handle their other opponents with ease as they are the bottom feeders of the conference, and make it into the field of 68 this year. For the seniors on the team, Tray Woodall and Dante Taylor, this will be their last dance. For the two starting freshman, James Robinson and Steven Adams, it will be their first. How will



they respond? Can they handle the pressure? As a team, they have to play aggressively, beat their opponents on the glass and - coach speak warning - take it one game at a time. Let's hope the last time they play in the NCAA tournament as a member of the Big East is a memorable one.

Here are a few fun facts about the big dance:

- From 1946 to 1979 there was a national third place game
- Seattle hosted the first ever Final Four in 1952 where all four teams played in the same location
- Until 1975 only one team from each conference was allowed to participate. In 1974, Maryland was the fourth ranked team in the country, yet lost the ACC final to top-ranked NC State. The NCAA began to allow more than one team per conference the next season.
- Seeding was used for the first time in 1979 when the field expanded to 40 teams.
- The 1979 national title game was the most watched game in the history of college basketball. Earvin Johnson led Michigan State over Larry Bird and Indiana State
- In 1985 Villanova won the title as an eight seed, the lowest seed ever to do so
- The lowest seed to reach the Final Four is 11 VCU in 2011, George Mason in 2006, LSU in 1986

Stacy Kauffman, Sports Feature Writer for Nightwire Magazine, has appeared on numerous sports media outlets including Fox Sports Pittsburgh and ESPN Radio. She can be reached on Twitter @SportsnWhatnot or at sportsnwhatnot@gmail.com

TravelTop 10 Family Spring Break Vacations Serving Up Fun, Family-Style

by Jennifer Plum Auvil - Courtesy of The Travel Channel

School's out for the week, and spring break is a great time for family-bonding. Whether you're looking for a blast of sunlight to recharge your soul until summer or outdoor winter fun, here are Travel Channel's picks for an unforgettable spring break.

Atlantis Resort Paradise Island, Bahamas

The legendary underwater world bearing the same name has nothing on this Bahamian resort that beckons children and their parents with luxurious resort surroundings and outrageous kids' activities. Kids can choose their own adventures at the stellar AKA (Atlantis Kids Adventure) program. Aspiring chefs can twist pretzels or make pizza in culinary classes and budding architects can don their hard hats and get building in the Lego Construction room. Wizards? Check. There's a cozy tree with perfect nooks for reading the latest magical tale. Extravagant tea party? Atlantis has this one covered, too, in the life-sized Victorian dollhouse equipped with the highest quality in pretend kitchens. There's gaming systems galore, a performance gallery complete with costumes and equipment to make movies, and arts and crafts to rival the best art institute. If the kids ever choose to leave the club, parents might squeeze in a fast family meal before the wee ones are off to the

water slides, river rides, rock climbing or marine habitat.

South Seas Island Resort Captiva Island, Florida

In the midst of hectic resorts and crowded beaches, Captiva Island feels like a secret spot where families can turn it down and enjoy a retreat from the everyday. Located on Florida's Gulf Coast, the area has unspoiled beaches and unique wildlife that can be encountered while kayaking through the quiet estuaries or touring the freshwater ponds. It's also a great spot for collecting seashells, so bring along a bucket. But don't confuse a bit of peace and quiet with boring -- there's plenty to do at South Seas Island Resort from sailing in the harbor to playing in the lagoon pool complex or sliding down the waterslides at H2Whoa!

Club Med Dominican Republic Punta Cana, Dominican Republic

The beauty of an all-inclusive vacation is that you can put your wallet away and relax once you reach your destination. The Club Med Punta Cana caters to families with oceanfront family suites and even simplifies your packing by making baby essentials, like bathtubs, strollers and even baby food, available for your use. There are activities galore for parents and kids to enjoy together including infant classes at the Baby Gym and catamaran adventures. Supervised camps are included in your package price for kids over 4 and are available at an extra cost for babies through preschoolers up to 4.

Smugglers Notch Smugglers Notch, Vermont

Sure, school is out, but the kids won't mind being students enrolled in the ski programs at Smugglers Notch. Aspiring snowboarders can learn the ropes on Burton snowboards equipped with a softer flex and beveled bottom that help with the learning curve. Cross-country skiers can hone their skills on the bumps and play area at the mini terrain park. The staff is so confident in their students at Snow Sport University that there's a refund if participants don't learn or improve. When class is out, kids can tackle a new hill -- the 22-foot giant double lane slide and the rest of the inflatable fun at FunZone. Indoor pools, dog-sledding, ice-skating and art classes are available to keep the entire family busy.

Rancho de los Caballeros Wickenburg, Arizona

Saddle up for a unique spring break at an old-school dude ranch in Arizona. It's like sleep-away camp for the entire family, but with better food and cozier accommodations. Rancho de los Caballeros has been giving families an insider's look at cowboy life since 1947, so it's no surprise they've mastered the art of the family vacation. The children's club starts at 8:00 a.m. with breakfast before a ride on the trails or around the corral for the mini cowboys and girls. The kids are busy with swimming, crafts, hiking, sports and scavenger hunts while

parents can spend some time relaxing or playing golf. After lunch, the family is reunited for some together time and more horseback riding or just horsing around in the pool. Then come dinner time, the kids are back to the club and a campfire while mom and dad enjoy dinner in the dining room. It's the best of both worlds and, best of all, most activities in the children's program are free of charge.



Sandy Lane St. James, Barbados

Sandy Lane Resort is a spring break destination to aspire toward with chauffeured luxury cars, palatial suites and chilled, scented towels on arrival. This exclusive resort is pricy, but a worthy investment if you're looking for a refined resort atmosphere with plenty of engaging activities to keep

the little ones happy. Parents can enjoy a few rounds of golf on impeccably manicured fairways or slip into the spa for a massage or the moisturizing Rose Hydrating Cocoon. Kids will dig the Treehouse Club with themed events and activities like nature walks, sports, crafts and carnival days, complete with stilt-walking. Teens chill in the Den with pool, air hockey, video games and organized pool parties and water sports. The whole family will love swimming with the rare Hawksbill turtles in the reefs located just off the shore.

Steamboat Springs Steamboat Springs, Colorado

Steamboat Springs is a dreamboat for families with great children's ski instructions and a bundle of après-ski activities. The Kid's Vacation Center is the starting point for families with a streamlined check-in process and a spacious facility to prepare your young ones for the cold. Lessons are available for kids starting at 2.5-years-old, and there are 5 kids-only slopes where little ones can master the art of the wedge before moving on to the kiddies terrain park. The Rough Rider Basin is a nod to the Old West with teepees, a log-cabin playhouse and snack areas. The whole family will enjoy a horse-drawn sleigh ride through the Great Rockies followed with a soak in the area's natural hot springs. Kids Fly Free domestic packages coupled with Kids Rent Free and Kids Ski Free all reduce the price of one cool family vacation.

Kalahari Resort Wisconsin Dells Wisconsin Dells, Wisconsin

Wisconsin is king of water parks, and these monstrous slides aren't limited to the great outdoors. Families can save on the sunscreen and splurge on the fun at this indoor water wonderland made up of 125,000 square feet of slides, lazy rivers, wave pools and whirlpools. The Master Blaster uphill water rollercoaster and family raft river rapids are not to be missed. If you can get the kids out of the pool, there's an indoor theme park with a Ferris wheel, indoor go-carts, bowling and arcade games. Admission to the water park is included in the price for on-site accommodations, which include standard hotel rooms and roomier family suites.



Pittsburgh Public Theater Presents Thurgood

irected by Ted Pappas, Montae Russell stars as our first African-American Supreme Court Justice in this play by George Stevens, Jr.

Pittsburgh Public Theater's MADE IN AMERICA season continues with George Stevens, Jr.'s one-man play Thurgood. Directed by Ted Pappas, Pittsburgh native Montae Russell stars as Thurgood Marshall. Thurgood runs March 7 - April 7, 2013 at the O'Reilly Theater, Pittsburgh Public Theater's home in the heart of Downtown's Cultural District. For tickets call 412.316.1600 or visit ppt.org. Thurgood is presented by Heinz with production co-sponsors Highmark and Randi and L. Van V. Dauler, Jr.

In 1967, Thurgood Marshall became the first African-American Supreme Court Justice. In Thurgood, he tells us his life story: from humble beginnings in Baltimore, through landmark civil rights legislation, followed by his triumphant rise to the highest court in the land. A journey of epic proportions, Thurgood is an eye-opening, humorous, and uplifting portrait of a true American hero.

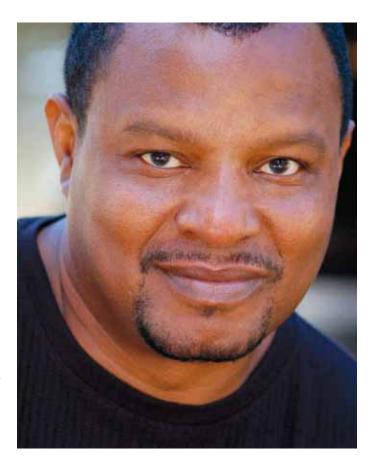
Thurgood ran on Broadway at the Booth Theater and its production at the Kennedy Center, starring Laurence Fishburne, was filmed for HBO. The design team for Pittsburgh Public Theater's production is James Noone (Scenic), Kate Mitchell (Costumes), Larry Shea (Projections), Phil Monat (Lighting), and Zach Moore (Sound). Ruth E. Kramer is the Production Stage Manager; Alicia DeMara is the Assistant Stage Manager.



A native of Pittsburgh, Montae Russell attended Barrett Middle School, Steel Valley High School, and the University of Pittsburgh. Since then he has performed on Broadway and at theaters around the country. Among his numerous film and television appearances is the recurring role of Dwight Zadro on the series "ER." This will be his sixth show at Pittsburgh Public Theater.

About the Playwright

George Stevens, Jr. is a writer, director and producer whose awards include 15 Emmys, the Paul Selvin Award for writing that embodies civil rights and liberties, and an Honorary Academy Award for lifetime achievement. His television events include "The Kennedy Center Honors," the miniseries "Separate But Equal," starring Sidney Poitier and Burt Lancaster, and the documentary "George Stevens: D-Day to Berlin," about the wartime experiences of his father. Founder of the American Film Institute, his books include Conversations with the Great Moviemakers of Hollywood's Golden Age and Conversations with the Great Moviemakers - The Next Generation. In 2009 he was named by Barack Obama as cochair of the President's Committee on the Arts and Humanities.



Pittsburgh Public Theater Presents Thurgood

March 7 - April 7, 2013

Performance Schedule Tues. at 7 pm; Wed. thru Sat. at 8 pm (except Wed., March 20) Sat. at 2 pm (except March 9 & 16) also 2 pm on Thurs., April 4 Sun. at 2 & 7 pm (except Sun., April 7 when then final performance is at 2 pm) Press Night is Thurs., March 14. Opening Night is Fri., March 15

Ticket Prices: \$23 to \$55. Students and age 26 and younger \$15.75 with valid ID. For tickets call 412.316.1600 or visit ppt.org

Pittsburgh Cultural Trust

Juan de Marcos & Afro-Cuban All Stars



The Pittsburgh Cultural Trust is proud to present a unique orchestra of full-range Cuban music, the Afro-Cuban All Stars on March 21, 2013 at the August Wilson Center for African American Culture. Lead by bandleader, producer, and arranger Juan de Marcos, the All Stars ensemble concept spans three generations of musicians, and promotes the full range of Cuban musical styles.

With the All Stars, de Marcos has constructed more than just a standard band; he has created a fluid, dynamic and diverse ensemble of musicians. His ensemble approach has allowed him to constantly adjust his orchestra lineup, which allows him to expand his musical repertoire through the addition of contemporary styles of Cuban music. Many of the band's musicians have become international stars, and recently de Marcos has focused on featuring the next generation of Cuba's most remarkable young musicians, emphasizing the ongoing evolution of Cuban music.

Within a few years the band received four Grammy Award nominations and was featured as the subject of many documentaries and films, including the Tony Knox documentary, Salon of Dreams. Afro-Cuban All Stars is one of the best-known and most successful Cuban orchestras performing today and has been essential to the growing worldwide popularity of Afro-Cuban music. This multi-generational big band performs the full, lively spectrum of Latin dance music, including mambo, salsa, and bolero. This performance is a part of the 2012-2013 Trust Presents series, sponsored by Cohen and Grigsby.

About Afro-Cuban All Stars

Afro-Cuban All Stars was formed during the spring of 1997 by

Juan de Marcos, who played the Cuban tres, a three course, six string Cuban guitar, in Sierra Maestra prior to forming the All Stars orchestra. de Marcos formed the group with other successful and talented Cuban musicians, and in 2002, after several successful years of performing, de Marcos founded his own independent label, DM Ahora! Records with which he released several All Stars albums and launched several other projects intent on spreading a new generation of Cuban music that mixes hip-hop with contemporary Cuban genres. de Marcos is currently recording the albums Breaking the Rules & Step Backward, for which he has gathered some of the world's finest expatriate Cuban musicians.

The Pittsburgh Cultural Trust presents
Juan de Marcos & Afro-Cuban All Stars
Thursday, March 21, 2013, at 7:30 p.m.
August Wilson Center for African American Culture,
980 Liberty Ave.

Tickets (\$18.00-43.00) for the Afro-Cuban All Stars on March 21, 2013 at 7:30 p.m., at the August Wilson Center for African American Culture may be purchased at the Box Office at Theater Square, 655 Penn Avenue, online at www.trustarts.org, or by calling (412) 456-6666. To purchase 10 or more tickets at special discounted rates, please call (412) 471-6930.

Looking Even Better by: Arnold Zegarelli, Creative Director, Izzazu

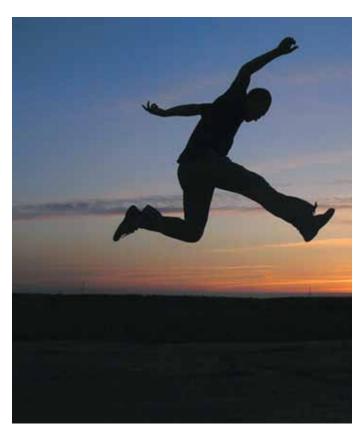
ost people can look much better if they have the right advice on how to enhance their favorable points and subdue their less desirable ones.

"If the eye does not admire, the heart may not desire," is a thought-provoking quote. Though not always completely true, there is enough truth in it so that we can know our appearance does play an important part in the image we project. More important is how we are perceived. Speaking of perception, do you remember when Dorothy Hamill did her magnificent spin while skating for the world championship and how her hair, face, figure, costume, and so on, all became one beautiful perfect unit? I call this "Achieving Your Personal Image Potential."

I believe the following information will help you toward understanding how to work toward your potential. Most people can look much better if they have the right advice on how to enhance their favorable points and subdue their less desirable ones.

THE FIRST STEP: - Have the desire to want to create a change. Get out of your comfort zone and believe that you can look even better, which will lead to improvement in yourself. Without belief and desire, you won't have the drive to follow through to the achievement of your purpose.

You will note that I did not use the word "goal," but chose instead to use the word "purpose." I feel that a goal is





something definite that you can try to accomplish. It has a specific beginning and end. For example, you might want to look especially nice for a special event, such as a performance, prom, wedding or a meaningful date; that would be a goal. If you want to constantly, keep improving and updating your image projection, that would be your purpose.

THE SECOND STEP: - Perform an honest (as objective as possible) self-analysis. This would start by viewing yourself in a full-length mirror before you dress. Study your size, shape, posture, hair, complexion, and so on. You may find, as most of us will, that our bodies need reshaping. Remember the wonderful phrase that has helped so many people understand their limitations - "God grant me the serenity to accept the things I cannot change, the courage to change the things that can and should be changed, and the wisdom to know the difference." So do what you can to eat and exercise according to your needs and desires. If



you feel you can't or don't want to alter your shape, then at least learn to dress to compliment your figure, use makeup wisely and wear a flattering and timely hairstyle.

Since my forte is hairstyling, I feel it is important to evaluate the length, shape, condition and color or your hair. How does it adapt to your face and features? How does it balance with your body size, shape and type? How does it relate to your lifestyle, ability, age and image?

Once you have considered these generalities, you may want to get a professional's objective opinion by having a personalized consultation. Most stylists will also give you information on specific factors such as your hair texture, abundance, pliability, growth pattern, color and perm options. It is the gathering of this important information that will help you and your stylist design your look together.

THE THIRD STEP: - Decide on a stylist. The best way to do this is to look at others who have a very together hairstyle and ask them who designed their hair. They will love the compliment of your asking, and I am sure will be glad to recommend their stylist. Call the stylist and ask if he or she offers free consultations. Most quality salons are glad to offer this service. Once you have an appointment, arrive at the salon dressed in the image that you want to project, bring snapshots and/or photos of looks you feel are in your desired image statements. Ask the stylist if you are on the right path for your hair type, lifestyles and so on.

Ask questions and explain your purpose. If you are comfortable with each other, make an appointment. Naturally ask what services will be performed and what the cost will be. If you are not comfortable, thank the stylist and try another salon. Eventually, you will get a good overview of how others see you, and you haven't invested any money.

THE FOURTH STEP: - Make an appointment with the

desired stylists, remind them of the consultation suggestions that were made and agreed upon and then let them do their thing. Watch the finishing process: what liquid styling aides did they use, how did they use them, what drying process and what tools. Ask the stylist to explain what they used and why. You will not intimidate a good stylist, so don't hesitate to ask for their help. They want you to keep your hair looking great as it is good for their image and business.

THE FIFTH STEP: - After your style has been completed, live with it while making adjustments. Also make mental notes on what you liked and what you didn't like. Remember beauty is in the eye of the beholder. There is no right or wrong hairstyle, it either makes you look and feel good or it doesn't and this should be relayed to your stylist on your next visit.

Continue to pursue your purpose of constant improvement until you reach your personal image potential. The confidence you will feel and compliments received will make the effort worthwhile.



Unibroue Brewery



Bernard Johnson, Unibroue Regional Sales Manager.
His knowledge, expertise and enthusiasm for Unibroue are outstanding! I must tell you, I have sampled many craft beers however, my number one all time ultimate favorite is the Blanche de Chambly. It is the best of the best when it comes to craft Belgian beers! Bernard shared with us that in 1994 Galli Distributing right here in Pittsburgh, PA became the first wholesale in the country to have the rights to carry Unibroue. Unibroue is now carried in 48 states. Unibroue proudly boasts eight core brands of Belgian style beers, plus seasonals and special releases.

The history of Unibroue is very unique and from the very beginning, Unibroue carved out a special niche in the beer world with top quality products and a brand rooted deep in Quebec culture. It made history by becoming the first North American beer maker to use a brewing method inspired by the two-centuries-old tradition developed by Trappist monks in Europe—particularly in Belgium. Over the years, Unibroue has remained faithful to its origins even as it has grown to become an icon of the brewing world.

The Unibroue adventure began in 1990, when André Dion and Serge Racine decided to vie for a share of the fast-growing craft beer market. Mindful of the competition, their goal was to create a different product with strong consumer appeal. They became majority shareholders of La Brasserie Massawippi, a financially troubled Lennoxville brewery.

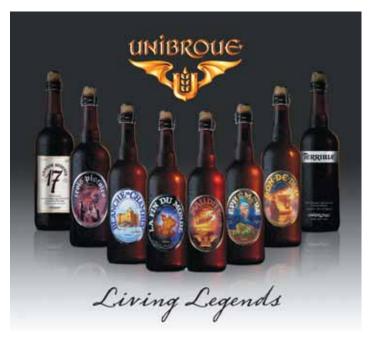
André Dion and Serge Racine finalized their acquisition of La Brasserie Massawippi in late 1991 and merged with Unibroue in early 1992. The new company immediately established itself as a specialty brewer. Mr. Dion became the President and CEO, and Mr. Racine sat on the Board of Directors.

Unibroue partnered with a Belgian brewer specializing in beer on lees and made history with the launch of Blanche de Chambly—North America's first abbey beer. That same year, Quebec singer-songwriter Robert Charlebois became one of Unibroue's major partners. In 1993, Unibroue moved to a new, cutting-edge microbrewery in Chambly, Quebec. The brewery gradually started to build its export capacity by developing a distribution network throughout Quebec and across Canada.

To craft Unibroue beers, they draw inspiration from the great brewing traditions developed over the last two centuries by Trappist monks in Europe—particularly in Belgium. Their beers preserve all their protein and part of their yeast, making them truly worth savoring. Unibroue beers are truly some of the finest crafts beers in the market today.

All Unibroue products are made using a combination of the same basic ingredients: water, malted barley, malted wheat, wheat, yeast, hops, sugar, fruit, and spices. Our products are brewed using a traditional bottle fermentation method in which fresh yeast and pure sugar are added just before bottling. They are only partially filtered, which is what gives them their distinct appearance and natural cloudiness. This brewing method results in strong, intensely flavored and highly effervescent beers. It is almost exactly the same process used to make champagne. The only difference is that while the lees is extracted from champagne using a local cooling process, it is left to settle at the bottom of our bottles once the natural fermentation and saturation (carbonation) process is complete. This process requires strict quality controls because the addition of chemical additives or preservatives would kill the yeast. It is this method that produces the distinctive Unibroue

Masterbrewer Jerry Vietz has been with Unibroue since 2003 "I tell people I make "flavorful beers"—that's the category I brew. For me, the important thing is to express myself through the beer. I brew with passion and I hope that people take as much pleasure to taste my beer as I have to create them!"



Unibroue Beer Sommelier Sylvain Bouchard has been with the brewery for over a decade. With his thorough understanding of their brewing method and the unique features of each of their products, he shares the secrets of the taster's art and teaches us how to master beer and food pairings. Sylvain believes that truly appreciating a beer requires not only all the senses, but also a willingness to hear what the beer has to say. Although the concept of a beer sommelier has been around for years in the U.S., it is still relatively new to Canada. At Unibroue, their Beer Sommelier plays a critical role by training, educating, and sharing his passion with consumers and brewing professionals alike. Visit their website to hear about the legends of the brews. The stories are fascinating and so well told by Sylvain.

Blanche de Chambly – pronounced Blansh-day-shahm- blee – pale golden Belgian white ale. It has a subtle bouquet of spices, citrus notes, coriander and cloves with a medium body and 5% ABV. This beer is light and refreshing is best served with white meats, white fishes and salads.

Ephenere Apple – pronounced – F-eh-mear – white ale brewed with apple must. It has a mouth-watering bouquet of Granny Smith apples, nutmeg, ginger and cinnamon with a 5.5% ABV. These delicious flavors are best served with cheddar cheese, pork chops, mussels and fruit salads. Be sure and go to their website to learn more about the fairy and the legend of this brew.

Maudite – pronounced – Moe-deet – strong amber-red ale. It has a robust malt flavor and aroma of spices and floral hops with a 8% ABV. This robust malty amber beer is best served with pasta dishes, pizza, pork tenderloin, chorizo and stews. La Fin du Monde – pronounced – La-fin-do-mahnd – triple-style golden ale with a 9% ABV. This brew has complex aromas of fruit,nuts, malt and yeast and one of the only Unibroue triple wheats. Best served with game meats, onion soups, Asian cuisine and curry dishes.

Don De Dieu - pronounced - Don-day-due - triple wheat ale

with an orange-golden hue. It has complex aromas of fruit, nuts, malt and yeast, 10.5 ABV. One of the only triple wheats best served with game meats, onion soups, Asian cuisine and curry dishes.

Trois Pistules – pronounced – Twa-pee-stole – abbey style strong dark ale with a 9% ABV. The strong malt flavor, roasted aromas with chocolate, brown rum and spice with its hint of coffee caramel chocolate where beer and port wine meets, best served with meats, cheese and desserts.

Terrible – pronounced – Tear-reeb-lay – abbey style with a black, chestnut color and a 10.5% ABV. This beer has notes of fruits, spices and rich madeira wine. This dark, well-balanced ale is best served with brisket, meats, chocolate chip cookies and desserts.

Unibroue 17 – extra strong dark ale with a dark amber color and a 10% ABV. It has a complex bouquet of malt, hops, spice notes and vanilla undertones. It has a mocha middle with an oak finish best served with braised beef, pork loin, venison and dark chocolate.

Unibroue is located in Canada - 80 Des Carrières Rue Chambly, QC, Canada

+1 450-658-7658. For more information and videos on the legends and history of Unibroue visit www.unibroue.com



Rogue Ales



Rogue Nation Brewery - Newport, OR

THE ROGUE REVOLUTION BEGINS

In 1987, some like-minded Rogues had an idea to start a "Brew Pub". In March of 1988 a Revolution in beer began in the basement of the Rogue Public House in Ashland, Oregon.

In February of 1989, Jack Joyce (one of the founding Rogues) wandered to Newport in search of the perfect place for another brewery and pub. Legend has it that a terrible and unusual snowstorm left him stranded on the coast for three days. Unable to leave the historic bayfront, Joyce walked the streets and sampled the local hospitality. During his exploration he met Mohave Neimi, of Mo's Clam Chowder. Mo took him to the original Mo's restaurant and gave him a bowl of her famous clam chowder. She told him she dreamed of living above a bar and how she might just have the perfect spot for the next Rogue Brew Pub. She had a large building sporting 3 fulltime apartments upstairs and below; a sweater shop, an art gallery, 1,100 square feet of empty store front and an 800 square foot garage that was being used to store antique cars. Mo generously offered the vacant space and the garage at a very reasonable price with two stipulations; a picture of Mo herself, naked in a bath tub, be forever displayed at the Pub (it is still there today) and second - to help the community when times are good, and feed the fishermen when times are bad. Thus the next Rogue Outpost was created with a 15 bbl brew system in a garage and a promise to be a good neighbor. Beer drinkers soon discovered the heavenly ales being produced and came to worship at the Rogue Nation Pub on the bay.

In 1991 the brew system was moved across the bay, where a marine repair shop was converted into the Rogue Brewery. Today, Rogue produces over 37 different ales distributed in all 50 states and exported to 32 different countries (Rogue now owns 50% of the craft market in Guam!). And after 25 years and 15,000 brews, John Maier; Rogue Brewmaster and Prophet of Pacman yeast, is still hand-making each batch.

The Rogue Nation has a museum, a library, a university, a Department of Agriculture, a newspaper, a film company, record company, publishing company, 24-hour news operation, coins and currency, passports, national ID cards, stamps, license plates, a flag, a constitution, uniforms, shoes, a creamery, a national past time, a literary journal, a bakery, a chef laureate, a bull, a pledge

and boxer shorts—all the indicia of a Nation which should lead to the approval of our pending application to join the UN.

ROGUE FARMS

A century before oenophiles were chasing their pinot dreams in the Willamette Valley, pioneer farmers were growing hops. They found a magical combination of rich soil, moderate temperatures and the perfect balance of sun and rain that made this land the hops growing capital of the world.

When Prohibition drove Oregon vineyards out of business, Willamette Valley hops growers prospered. They flourished through two world wars and the Great Depression.

But somewhere in the 20th century Oregon's hops heritage was lost. Vinters planted their vines, built their tasting rooms and laid claim to the terroir of the Willamette Valley.

NO MORE PINOT ENVY

In 2008, Rogue became farmers. Rogue constructed a 42-acre hop yard on a wide bend of the Willamette River near Independence. This year they will harvest 64,000 pounds of Alluvial, Freedom, Independent, Liberty, Newport, Rebel and Revolution varieties of aroma hops in the Wigrich Appellation. The hop cones are picked, kilned, cooled and baled right on the farm and shipped to the brewery in Newport.

In the rain shadow of Mt. Hood Rogue planted barley. Nearly 200-acres in the Tygh Valley appellation will produce more than 900,000 pounds of Risk winter malting barley and Dare spring malting barley. Rogue built its own micro-floor malt facility and handcrafts its own style of artisan small batch malts.

The beer from Rogue Farms is 1st Growth, Estate Hopped, Estate Barleyed, Estate Brewed and Estate Bottled. It's not just about the terroir, now it's Dirtoir.









Rogue Ales Brewmaster, John "More Hops" Maier picking hops off the bine

BEER BEGINS IN THE DIRT

It starts in the soil where barley roots and hop bines draw moisture and nutrients. It begins in the rocks of the Cascades and Coast Range as creeks rush over gravelly bottoms where salmon and steelhead spawn.

The right climate encourages healthy crops and clear, cold water. Barley and hops need a certain amount - and timing - of rain, sun, warm summers and cool winters to help them thrive. Streams need to be refreshed with rainfall and snowmelt or they become stagnant and stale.

Making that dirt and climate takes time. Over hundreds of millions of years ago, the North American continent began its slow creep westward. The moving tectonic plate scraped sediments, underwater ridges and volcanic islands from the ocean floor. It built a huge pile of dirt that became the Coast Range. The movement spawned massive volcanic eruptions that uplifted the Cascades and smothered much of Oregon with hot, molten lava. Huge ice age floods drowned the Willamette Valley for thousands of years and deposited layers of rich, volcanic soils that are hundreds of feet thick.

So when you open a bottle of Rogue you taste more than just the barley, hops and water. You taste the results of millions of years of geologic forces and history that are unique to the place where hops and barley are grown and where the water comes from.

This "Taste of Place" Rogue calls terroir. Luckily for Rogue, Oregon has everything needed to call itself GYO (Grow Your Own). There's a reason why Rogue grows aroma hops in the Willamette Valley. The rain shadow of the Coast Range, ice age soils and its position along the 45th parallel have made the valley one of the most important hops growing regions in the world for more than a century.

There's a reason why Rogue grows barley near Tygh Valley. The rain shadow of Mt. Hood and loess volcanic topsoil is why this region is the most productive in Oregon for cereal grains, such as barley and wheat. And there's a reason why Rogue gets the water to malt the barley and brew the beer from the free flowing streams of the Coast Range and Cascades. These are some of the purest, most natural sources of water anywhere.

The final element of terroir is personality. No one else can make Rogue Ales or Spirits. Not even if they had the same ingredients from the same places. Rogue's personality is unique and you can taste it in the beer.

Rogue and Oregon have the right combination of dirt, climate, water and personality. A terroir superfecta that's impossible to duplicate.

JOIN THE ROGUE REVOLUTION

1,000+ Awards, 50 States, 37 Ales, 25 Years, 32 Countries, 12 Pubs, 2 Farms, 9 Spirits, 2 Distilleries

ROGUE FARMS BEERS Rogue Farms OREgasmic Ale

Brewed from 100% Oregon grown ingredients, including malted two-row barley from Rogue Farms in Tygh Valley, and Revolution and Independent Hops grown at the Rogue Farms Hopyard in Independence. The caramel malt flavors give this beer its aroma and balance nicely with the spicy and citrusy hops. A bit creamy with medium to full body this is a great pairing with seafood (another Oregon specialty) and spicy foods.

Rogue Farms Single Malt Ale

If you're in to the brevity thing, Rogue Farms Single Malt Ale is as simple as it gets. One malt, one hop, yeast and water is all that goes into this ale with a deep golden color and dense creamy head. This is a medium-bodied ale with a lush malty taste, yet it's also crisp and refreshing.

Rogue Farms Dirtoir Black Lager - Jet black with a tan head, this medium to full-bodied schwarzbier deftly balances seamless dark roasted malt flavors with a smooth bitterness and lingering long finish. It pairs equally well with seafood and hot spicy food as it does with a slice of creamy mocha cheesecake.

Rogue Farms Good Chit Pilsner -

Good Chit Pilsner is made with Rogue Farm barley, micro-floor malted in small batches. The pour is a golden color with a nice long-lasting lacing head. The taste is very crisp and it has a good malty spike to it. The malt character has a lot of complexity.

VISIT

You can visit Rogue Ales & Spirits brewery, distillery, farm and brewpubs in the Pacific Northwest. The brewpubs brew their own beer and offer great eats. Rogue owns and operates twelve separate restaurants along the northern West Coast stretching from San Francisco, California to Issaquah, Washington.

With all the great venues and ways to experience Rogue's commitment to fine food and drink, checkout the website to find out which place is right for your visit at www.Rogue.com.

Beer is Healthy, any Monk knows that!

Yes, believe it, beer can be healthy under moderation consumption of 1-2 twelve ounce glasses a day. There have been many studies done in universities concerning the drinking of beer, here are a few health positives that have come out from these studies...... Stronger Bones, Stronger Heart, Healthier Kidneys, Boosting Brain Health, Reduced Cancer Risk, Boosting Vitamin Levels, Lower Blood Pressure, and Longer Life just to name a few.

Scientists have found research to support that the folate found in beer may help reduce homocysteine in the blood and lower homocysteine levels. In addition, beer has been shown to lower triglycerides and LDL-cholesterol. If you are a fan of IPA beers, researchers have shown that it's also a significant source of cholesterol-lowering, cancer-fighting, and virus-killing compounds called polyphenols. According to the USDA, an average twelve ounce beer has the following nutrition facts:

Calories: 153 Protein: 1.64 a

Carbohydrates: 12.64 g

Calcium: 14 mg Magnesium: 21 mg Phosphorus: 50 mg Potassium: 96 mg

Sodium: 14 mg Zinc: 0.04 mg

Thiamin: 0.018 mg Riboflavin: 0.089 mg Niacin: 1.826 ma Pantothenic Acid: 0.146

Vitamin B6: 0.164 mg Cholesterol: 0 mg

Fat: 0 mg

Beer is so healthy for



you that monks have known for centuries. There is no doubt the monks brew beer for nutritional and economic reasons. The brewing process happens to kill any harmful bacteria lurking in the water used. Monks brew beer for barter and cash income concerns as well. The revenue no doubt funds the day-today expenses of running the monastery but perhaps the local church and charities as well. Monks actually will fast for lent consuming only beer during that period of time. Perhaps that is why Trappiest beers have a reputation for having other worldly powers besides the quality of the beers. Monks will fast with drinking nothing but beer, the quality of their beers have enough nutrition's to live on in place of food for this long period of time. The Belgian Double Abby style beers are brewed for that purpose.

Our bodies are a remarkable machine that knows that a good beer is hard to pass up on, so enjoy your quota of beer everyday to stay healthy like a monk.



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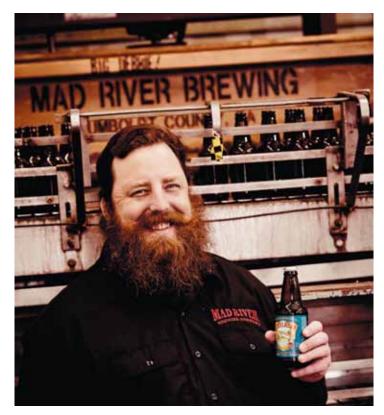


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Mad River Brewing



ad River Brewing Company is now in their third decade of operation and according to Bob Smith, Brewery Founder, who told us "even now it is hard to think of what we do as a business and not as a hobby. Brewing is a passion here and we spend a great deal of our time trying to perfect the next great taste."

Nestled west near the redwood coast in the Mad River Valley, California, brewery Founder Bob Smith surely wasn't "mad" for

following his dream. He started Mad River Brewing Company in 1989 this have proven to be a great move. The brewery is located in beautiful Blue Lake, California.

Bob Smith developed an active relationship with Sierra Nevada founder Ken Grossman, who began his career in the industry by selling brew supplies. When Ken's first brewery outgrew their home, he turned to loyal customer, friend and future brewing-master-mind Bob Smith. By selling Bob the older brewery's equipment Ken played a key part in the brewery's early stages. This bond between the two brew-lovers aided in the birth of Mad River.

Plans moved quickly into action and the brewery released its first draft Steelhead in December of 1990. The first space was 4,000 square feet, which was small for a brewery but felt super-sized in comparison to the only six employees.

In the first year, these six employees ran a bottling line that produced 400 cases per day, exceeding, even doubling what was expected! Before ya knew it, the joint grew to 12,000 square feet, and the high demand made the brewery a huge success.

The Mad River Brewery is now in it's third decade and they don't plan on slowing down any time soon. They've built a loyal band of followers who love the brews. A company that keeps centered on good people, great workers and an awesome craft can't go wrong. There's nothing mad going on here except for the crazy greatness filled into every craft bottle.

Nightwire asked Dylan Schatz, Brewmaster Mad River Brewing Company the following:

1. How long have you been with Mad River -- what growth and changes have you seen??

I've been with Mad River Brewing for 14 years now. The growth here has been steady over the years and increasing rapidly over the last 3-4. Changes have been constant as we are continually upgrading equipment and improving on our process techniques.









2. Any new brews coming out for March/spring that we should know about??

New products for the spring are our Double Dread Imperial Red in April (spring seasonal) in bottles and draft. We'll also be offering our Barretor-Coxinator Dopplebock (draft only) in March, as well as our Steelhead Bourbon Barrel Aged Extra Stout (draft only) in May.

3. Are there any expansions, for the building or line, in the works??

Expansion plans are underway for increased storage areas (building). Also we will be upgrading our brewhouse to double it's current capacity and adding additional fermentation tanks by the end of 2013.

4. What're some of your favorites, or suggestions for the upcoming spring weather??

Suggestions for spring: Pale Ales, IPA's, Red Ales and E.S.B.

MAD ABOUT THE THREE R's

Mad River Brewing Company is centered on reuse, reduce and recycle! The environment matters to this great beer-lovin' crowd. That being said, they already use recycled equipment from Sierra Nevada. Also, all of their paper and metal products are recycled. The company strives to reduce both water waste and finds uses for spent grain.

That's not the only stroke of kindness and giving back within the brewery. Featured on their website is a link for non-profits to apply for donations.

It's all about giving back at Mad River.

EER

Steelhead Extra Pale Ale

The spicy and floral tastes give this light-blonde beer its character. It hints at sweetness with a smooth malt taste and a dry finish. It has a 5.6 percent alcohol, so enjoy a few.

Steelhead Double India Pale Ale

The color of this treat is darker, with almost an orange hue. Strong notes of citrus are followed by a lighter whiff of pine and flowers. The sips are super dry and the hops sit well on top of the flavor. It has a sweet finish though, of malts, which cut the bitterness of the hops. It has a higher alcohol at 8.6 percent.

Steelhead Porter

Malts play center-stage in this sweet, but well-balanced Porter. It's an excellent beer to sip on and a great brand of craft porter. The finish really is smoky, which is why it pairs well with slow cooking meats. It has a 6.5 percent alcohol.

Steelhead Extra Stout

This is an American stout like no other. The pitch-black color smells of dark cocoa and licorice, it's a spicy flare. The taste follows suit. The balance in this beer is the best part. It has a 6.5 percent alcohol percentage.

Jamaica Red Ale

A mahogany hued ale brings an intense spectrum of spicy aromatic hop character, balanced by a full-bodied caramel richness. It has a 6.5 percent alcohol percentage.

Jamaica Sunset India Pale Ale

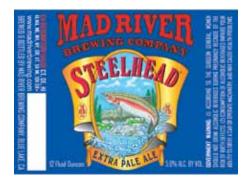
A true-blue American IPA, this brew is delicious. The bubbles are at a great level and the smell is very hoppy. Plus, it's full of citrus. The taste includes malt, citrus, grass, which are the makings of a great IPA. It has a 7 percent alcohol percentage.

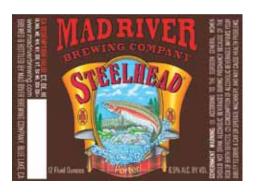
COME VISIT

The brewery has a taproom as well as daily tours. There are food vendors beginning in the evening, every Wednesday through Friday. It's a delicious fare ranging from weenies to falafels and pairs well with all their offerings. There's live music and something going on every night at the brewery.

Tours are given in the early afternoon, and there's a great custom-made bar that is a "must see." Visit their website – www.madriverbrewing.com for tour details, an event calendar and news about special beers available. Mad River is a poppin' fun place.

Mad River Brewing Company is located in the Mad River Valley - 300 miles north of San Francisco in Humboldt County, California: - 101 Taylor Way Blue Lake, CA 95525 (707) 668-4151







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Dining – Irish Recipes

Corn Beef and Cabbage -

Yield: 6-8 Servings

Ingredients - For the brine:

1 cup kosher salt

1 cup brown sugar

1 1/2 tablespoons whole coriander

1 1/2 tablespoons whole mustard seeds

1 1/2 tablespoons whole black peppercorns

1 1/2 tablespoons whole allspice

4 sprigs fresh marjoram

4 sprigs fresh thyme leaves

2 bay leaves

1 (2 1/2 to 3 pound) brisket

3 tablespoons extra-virgin olive oil

1 onion, halved

6 carrots, coarsely chopped

1 head celery including leaves, coarsely chopped

1 head garlic, halved

3 sprigs fresh marjoram

2 bay leaves

1 small cabbage cut into 6 to 8 wedges

Herbed Root Vegetables, recipe follows

Directions: Combine all the brine ingredients, except the brisket, in a large non-reactive bowl. Add the brisket (you may have to cut it into 2 pieces) and rub the spice mix into the meat. Pour cold water over until the meat is covered. Weight the brisket down with a small plate so that it is completely submerged; cover and refrigerate. The meat can be brined overnight or as long as 10 days. The longer the brining the more pickled the meat. Heat the oven to 300 degrees F.

Heat a large pot or Dutch oven over medium-high heat and add the olive oil. Add the onion, carrots, celery, garlic, marjoram, and bay leaves and cook until starting to soften, about 10 minutes. Remove the meat from the brine and rinse it well. Set the meat on top of the vegetables and add water to just cover the meat. Bring to a boil skimming any foam that surfaces. Reduce the heat to a simmer, place the lid on the pot, and cook for 15 minutes. Add the cabbage pieces, cover, and put it into the oven; cook for 3 hours.

Remove the meat, cover it with foil, and let it rest for 20 minutes. Cut the fat off the corned beef, slice the meat against the grain, and serve it in shallow bowls with the cabbage wedges, some cooking liquid, and the Herbed Root Vegetables.

Herbed Root Vegetables:

2 tablespoons extra-virgin olive oil

2 tablespoons unsalted butter

1 pound new potatoes, scrubbed

1 pound baby carrots, trimmed and scrubbed

1 pound baby turnips, trimmed and scrubbed

1 pound baby parsnips, trimmed and scrubbed Kosher salt and freshly ground black pepper

Herb Butter:

1/2 pound unsalted butter, softened

1/2 cup mixed chopped fresh herbs like thyme, mint, chives, parsley, or chervil

Kosher salt and freshly ground black pepper

Put the olive oil and butter into a large pot over medium-high heat. Add the vegetables and toss to coat them well with the fat; season with salt and pepper. Add 1 cup water and bring to a boil. Lower the heat to a simmer, cover the pot, and cook until the vegetables are tender, about 20 minutes. Meanwhile, make the Herb Butter by combining the soft butter and herbs together; season with some salt and pepper.

To serve, spread some Herb Butter in the bottom of a bowl. Add the hot vegetables and dot with more Herb Butter. Moisten with some of the cooking liquid and serve.

Irish Stew:

Yield: 6 servings Ingredients

2 medium-sized onions, chopped

Oil, for frying

1-ounce butter

1 sprig dried thyme

2 1/2 pounds best end of lamb neck, cut into large pieces

7 carrots, chopped lengthways into 2-inch pieces

2 tablespoons pearl barley

5 cups chicken stock, recipe follows Salt (recommended: Fleur du Sel)

Freshly ground black pepper

1 bouquet garni (parsley, thyme, and bay leaf)

12 medium potatoes

1 bunch parsley, leaves finely chopped

1 bunch chives

In a large heavy-bottomed saucepan, cook the onions in oil and butter, on medium-high heat until they are translucent. Add the dried thyme and stir. Add the lamb and brown on a high heat to seal in juices. Add carrots, and pearl barley. Pour in the chicken stock so that it almost covers the meat and vegetables. Season with salt and pepper, and add Bouquet garni. Cover and cook on low heat for 2 hours, being careful not to boil. Place potatoes on top of the stew, cover and cook for 30 minutes until the meat is falling beautifully off the bones and the potatoes are fork tender. Serve the stew in large flat soup bowls, and drizzle herb butter over the potatoes or garnish with parsley and chives.

Stock:

Chicken carcass

1 onion

4 cups water

3 stalks celery, roughly chopped

Bay leaf

Salt and freshly ground black pepper

Preheat the stockpot. Combine ingredients in a large heavybottomed saucepan and cover with water. Bring to boil and simmer for approximately 30 minutes. Then let it cool down and skim off the fat.

Herb Butter:

1 stick butter

1 small bunch parsley, finely chopped

1 small bunch chives, finely chopped

1 sprig thyme

Melt butter in a small saucepan. Add parsley, chives and thyme.

Sheppard's Pie:

Yield: 6-8 Servings

Ingredients

Garlicky Potato Topping:

4 large russet potatoes, peeled and quartered

10 whole garlic cloves, peeled

1/2 cup sour cream

1/4 to 1/2 cup beef broth

4 tablespoons butter, softened

1/2 teaspoon salt

1/2 teaspoon freshly ground black pepper Nonstick cooking spray

Fillina:

4 slices bacon, cut into thin strips

1 tablespoon vegetable oil

2 medium onions, chopped

1/2 teaspoon salt, plus 1/2 teaspoon

1 teaspoon sugar

1 pound ground beef

2 to 3 medium carrots, roughly chopped, (about 1 cup)

3/4 cups frozen peas, thawed

2 garlic cloves, minced

2 tablespoons tomato paste

1 tablespoon all-purpose flour

1 (12-ounce) bottle light or dark beer

1/2 cup beef broth

1 teaspoon finely minced fresh rosemary leaves

1/2 teaspoon freshly ground black pepper

1/2 cup grated Swiss or Cheddar

2 tablespoons chopped fresh parsley leaves

Prepare potato topping: In a large saucepan add the potatoes and garlic and cover with cold water. Bring to a boil over medium heat and cook, uncovered, until the potatoes are forktender, about 15 to 20 minutes. Drain. Transfer the potatoes and garlic to a large bowl. Add the sour cream, 1/4 cup of the broth, butter, salt and pepper, and beat on low speed with a hand mixer until the potatoes are light and fluffy, about 1 to 2 minutes. If the mixture is too dry, add the remaining 1/4 cup broth. Do not overmix. Cover and set aside. Preheat the oven to 350 degrees F. Spray a 10-inch round baking dish with nonstick spray.

Prepare filling: Heat a large skillet over medium heat. Add the bacon and cook, stirring occasionally until browned and almost crisp, about 7 to 8 minutes. With a slotted spoon, transfer the bacon to a plate; set aside. Add the oil to the drippings in the skillet and put over medium heat. Add the onions and 1/2 teaspoon of salt, and cook, stirring occasionally, until the onions are very soft and just beginning to brown, about 10 minutes. Sprinkle in the sugar, and cook, stirring occasionally, until the onions begin to caramelize, about 3 minutes. Stir in the beef and cook, stirring occasionally, over medium-high heat, until the beef begins to brown, about 7 minutes. Add the carrots, peas, and garlic and cook, stirring, until the vegetables begin to soften, about 5 minutes. Stir in the tomato paste and flour and cook, stirring, until well blended, about 2 minutes. Add the beer, bring to a boil and boil for 3 minutes. Cook, stirring with a wooden spoon, and scraping up the browned bits from the bottom of the pan, about 2 minutes Add the cooked bacon, the broth, rosemary, 1/2 teaspoon of salt, and the pepper, and bring to a boil. Reduce the heat and simmer, uncovered, until the sauce thickens, about 15 minutes.

Spoon the meat mixture into the prepared baking dish. Spread the potato topping evenly over the beef mixture. Bake until the filling is hot, the topping is lightly browned and the edges are bubbly, about 35 minutes. Remove from the oven and sprinkle with the cheese. Return to the oven and bake for 10 more minutes. Let rest out of the oven for 10 minutes before serving. Sprinkle with parsley and serve.

Dark Star Orchestra

Winter Tour Visits Carnegie Music Hall Continuing the Grateful Dead Concert Experience Story and Photos By: Thomas Verscharen

s people began to fill the Carnegie Music Hall for the Dark Star Orchestra concert, many found it as cozy as only an old music hall can be. A few tables were set up through the library in the recreational room serving beer and hot sandwiches. You can enjoy your snacks in the library and even look through a few books as you take in the scenery. The hall was one of first of Carnegie music halls, built in 1896 with seating for 1,000.

The Dark Star Orchestra concert was close to a complete sellout as almost all of seats were filled for this concert.

When it comes to concerts, I'm usually a big fan of the old school theaters. I enjoy the acoustics and the throwback setting. The Carnegie Music Hall makes things vastly more entertaining than a concert at the newly refurbished venues.

Once the ushers got everyone to their respected seats, the audience cheered at this declaration as the band launched into a crowd-pleasing "Truckin," which was immediately followed by a nicely jammed "Sugaree." The set list the group performed was its version of a little-known gem by the Dead that was originally played on July 31st 1971 at the Yale Bowl in New Haven CT.

The following is a list of the songs from the concert: Truckin' - Sugaree - Mr. Charlie - Mama Tried - Big Railroad Blues -Playing In The Band - Dark Star - Bird Song - El Paso - Hard To Handle - Loser - Me And Bobby McGee -Bertha - Big Boss Man - Me And My Uncle - Deal - China Cat Sunflower - I Know You Rider - Sing Me Back Home - Sugar Magnolia -Casev Jones - Not Fade Away -Going Down The Road Feeling Bad -Jam - Not Fade Away - Uncle Johns Band - Johnny B. Goode Dark Star Orchestra continues to refine its acclaimed ability to consistently channel the authentic sound of the Grateful Dead. The band's take on Dead classics such as "Bertha." "El Paso" and "Sugar Magnolia" captured the spirit and energy of the most solid of classic Dead performances and saw audience members singing and dancing passionately along. The high level of musicianship and the care that the band took to preserve the sound and spirit of the original GD were very apparent.

There's not a shabby member of the band, and each musician brought his or her expertise to the overall sound. Drummer Koritz was without English this show but held the time expertly with some very Leshian low-end assistance from Kevin Rosen, who dropped several venue-rumbling "Phil bombs" over the course of the evening. Rob Barraco's well-tested key work seemed effortless on his part, and Lisa Mackey, a known step-in member, unfortunately did not make an appearance. As the crowd filed out of the venue and back to the Homestead streets, it was as if the Dead scene had never gone away.















2nd Annual Dark Star Jubilee

Returns to Legend Valley on Memorial Day Weekend, May 24-26

estival celebrates the music and spirit of The Grateful Dead, with 3 nights of Dark Star Orchestra, Plus Two Grateful Dead Members Mickey Hart Band & Donna Jean Godchaux Band, Yonder Mountain String Band & More Discounted "Morning Dew Early Bird" Tickets Available Now, Festival Offers Jubilee/All Good Festival Combined Package Deal!

Dark Star Orchestra and All Good Presents announced today that the Dark Star Jubilee will be returning on Memorial Day Weekend, May 24-26, to Legend Valley in Thornville, OH, just 30 minutes east of Columbus.

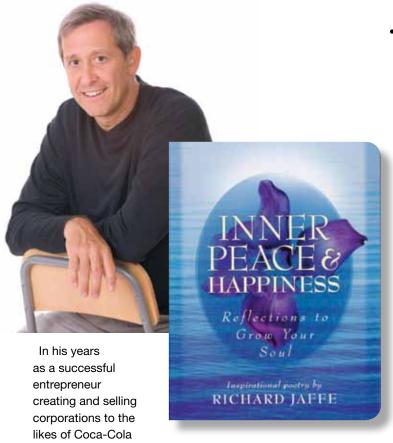
Hosted and curated by world-renowned Grateful Dead tribute band, Dark Star Orchestra, the Jubilee also features members of The Dead in their own bands, the Mickey Hart Band and Donna Jean Band. Other artists confirmed include Yonder Mountain String Band, Karl Denson's Tiny Universe, The Wailers, The New Orleans Suspects featuring Paul Barrere & Fred Tackett of Little Feat, local favorites The Werks, Greensky Bluegrass, John Brown's Body, Marco Benevento, Elephant Revival, The Pimps of Joytime, Rumpke Mountain Boys, BigEaR, The Folkadelics, My Sisters & Brothers, The Ark Band, Matt Reynolds with additional artists still to be announced.

With three nights of Dark Star Orchestra and over two dozen artists for more than 36 hours of music with no overlapping sets, the Jubilee takes place at the historic Legend Valley (formerly known as Buckeye Lake Music Center), home to some of the largest outdoor Grateful Dead concerts. Legend Valley is also the home to the All Good Music Festival, where the 17th annual event is going on July 18-22. Promoters are offering the only chance to obtain All Good Festival ticket at this time by offering an Early Bird package deal including GA camping, parking and entertainment to both the Dark Star Jubilee and All Good Festivals, for \$250, saving buyers over \$125 off the gate price.

For over 15 years and 2150 shows, Dark Star Orchestra has toured the world embodying the Grateful Dead's live concert experience for veteran Deadheads and those too young to have ever seen a Grateful Dead show. Countless guest musicians have sat in with Dark Star Orchestra, including six members of The Grateful Dead, most recently when GD founding member and bassist, Phil Lesh, joined the band on-stage in San Francisco last year.

Dark Star Jubilee tickets are on sale now with discounted 'Morning Dew Early Bird' tickets for 3-day GA admission at \$99 (\$45 off gate price) and for 'Good Lovin' VIP' festival admission at \$199 (\$80 off gate price). 'Little Star Kids' is a \$25 ticket for children ages 4-12, who must be accompanied by a festival ticket-holding adult. Festival attendees ages three and under are free while youth above age 13 must have a full price festival pass. Gates open at noon Friday, May 24. Complete ticket options with pricing are available at www.darkstarjubilee.com.

How to Fall in Love with Yourself E Live Happily Ever After by Richard Jaffe



and Kimberly-Clark, Richard Jaffe, one of the owners of the Phoenix Suns, found a few constants to guide him in business and in life.

"Love myself; live my values, and learn to give back," says Jaffe, who gained respect as an inspirational leader.

The most important of these and the key to happiness, he says, is learning to love himself. It's a recurring theme in the poetry he's been writing for decades and recently published in, "Inner Peace & Happiness: Reflections to Grow Your Soul," www.richardjaffe.net.

"I've found that loving myself is fundamental to my happiness," he says. "The one person I have a relationship with for my entire life is myself, so it's essential to make that relationship my priority. When I have the inner peace that comes from loving myself, I don't have to look to others to fill my emotional needs and wants."

How does one learn to love him- or herself and to be happy? For Jaffe, it came from living and acting on his values in business and in his personal life, whether he was struggling or succeeding.

"These are the things that have worked for me," he says. "Values guide my choices, and my choices affect how I feel about myself and how I interact with others."

These are some of the values and tenets that have helped make Jaffe an exceedingly happy man.

- Find your passion and indulge in it. Jaffe has been expressing himself through poetry for 30 years that is one of his greatest passions. "Poetry helps to provide me balance in life between work, family and other external commitments," he says. "When I allow myself time to indulge in my passion, I recharge my spirit, my mind and my body."
 - Remember givers gain. Even when he was a broke young entrepreneur, Jaffe and his wife of 28 years, Ann, always made sure to give to the community, to their temple, to charity. "Give even when you have nothing," he says. "It always comes back to bless you, though sometimes from a different source."
- Don't rely on anyone else to make you happy. It doesn't work, Jaffe says. When your happiness is dependent on your love for someone else, they control your happiness. Love doesn't always stick around – sometimes it comes into our lives in order to teach us how to care. We have to rely on ourselves.
- Be the very best you can be at whatever you do. Don't compare yourself to your competition, to history, to anyone else. Instead, raise the bar on yourself. "Even if I get knocked down at something, I can be happy when I know I gave it my very best effort," Jaffe says. "I don't always succeed, but I can give an even better effort the next time because I will have learned from being knocked down. Defeat is being knocked down; failure is the unwillingness to get back up!"
- Control your thoughts and keep them positive. "My kids used to come to me to complain when they were unhappy about something," Jaffe says. "I would tell them, 'If you do not like the way you feel, just change the way you think!' It drove them crazy!" But they did eventually understand that their negative thoughts were making them feel bad. Jaffe says beware -- thinking positively is habit-forming, at least for him.

About Richard Jaffe

Richard Jaffe is one of the owners of the NBA Phoenix Suns basketball team, a successful business leader and longtime philanthropist. Most recently the CEO of Safe Life Corp., a medical technology company, he also founded Safe Skin Corp., a latex glove manufacturer (acquired by Kimberly-Clark Corp.) and Nutri-Foods International, a frozen dessert company (sold to the Coca-Cola Co.) He is a member of the U.S. Golf Association's Presidents Council and a supporter of numerous charitable projects. His first published book of poetry, "Inner Peace & Happiness," is a reflection of the values and lessons learned in business and in life. He and his wife of 28 years, Ann, are the proud parents of three grown children.

St Patrick's Day Quiz



St. Patrick's Day is celebrated to commemorate which of the following events?

- 1. It's the day St. Patrick was born
- 2. It's the day St. Patrick drove the snakes out of Ireland
- 3. It's the day St. Patrick died

Which one of the following you know as the day St Patrick died?

March 17, BC 461
 March 17, AD 461
 March 17, AD 100

Where was St. Patrick born?

- 1. Iceland
- 2. Ireland
- 3. Britain

Which of the following is NOT associated with St. Patrick's Day?

- 1. Green
- 2. Rainbow
- 3. Purple

What does the shamrock signify on the Day?

- 1. forestation
- 2. coming of spring
- 3. the number "three"

What does leprechaun mean?

- 1. a goblin
- 2. a fairy
- 3. a imp

Which of the following is most likely to come up in your traditional St. Patrick's Day party?

- 1. pizza
- 2. pineapple
- 3. potato

Where does Blarney Stone come from?

- 1. a cave
- 2. a hilltop
- 3. a castle

When were the customs of the St. Patrick's Day brought in America?

- 1. 1786
- 2. 1737
- 3. 1776

Which of the following was the first to officially celebrate the Day?

- 1. New York
- 2. Philadelphia
- 3. Boston

Which of the following is the language of Ireland?

- 1. English
- 2. Irish
- 3. Gaelic

Which one is regarded as the most famous of all churches dedicated to St. Patrick?

- 1. St. Patrick Abbey, Belfast
- 2. St. Patrick Cathedral, Dublin
- 3. St. Patrick Church, Lemerick

Which of the following activities is NOT common on St. Pat's Day?

- 1. Grand Parade and playing pranks
- 2. Masked revelry and wild party
- 3. Walking race & wearing green

Where in US the St. Patrick's Day is celebrated by an attempt to color a river green?

- 1. New York
- 2. Washington, DC
- 3. Chicago

Which of the following is NOT an Irish born?

- 1. Pierce Bronson
- 2. U2
- 3. Roger Moore

In Ireland, what does the color green stand for?

- 1. Spring
- 2. Countryside
- Hope

What colors are on the Irish flag?

- 1. Green, white, orange
- 2. Blue, red, white
- 3. Green, red, white

What was St. Patrick's calling?

- 1. He was a great explorer
- 2. He was a missionary
- 3. He was a war hero

What do Irish people say about Saint Patrick?

- 1. He watches over them
- 2. He decides if they will get into heaven one day
- 3. Both of the above

What is a shillelagh?

- Leprechaun suit
- 2. Wooden pipe
- 3. Short, stout oak club

According to legend, what should you never do if you catch a leprechaun?

- 1. Kiss him
- 2. Take your eyes off of him
- 3. Tell your friends

What was St. Patrick's name at birth?

- Patrick O'Mallev
- 2. Maewyn Succat
- 3. Adam Danan



Which American city holds the largest St.Patrick's Day parade?

- 1. New York
- Chicago
- Boston

What profession does the leprechaun supposedly practice?

- 1. Shoemaker
- 2. Blacksmith
- Goldsmith

What is cured by kissing The Blarney Stone?

- 1. Lovesickness
- 2. Bad Luck
- 3. Shyness

What does "Erin Go Braugh" mean?

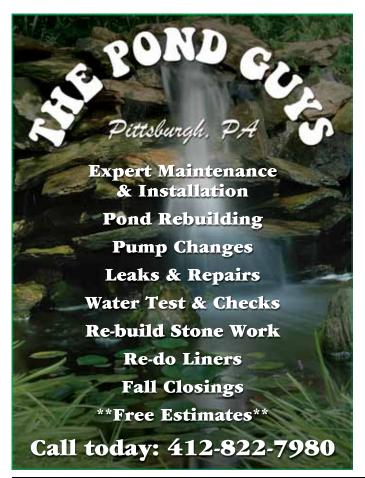
- 1. Luck of the Irish
- 2. Ireland Forever
- 3. Happy St. Patrick's Day

Who kidnapped Maewyn Succat?

- 1. A band of Pirates
- 2. A group of Christians
- St. Patrick

How long did St Patrick's mission in Ireland last?

- 1. 3 years
- 2. 30 years
- 3. 3 months



What happens if you don't wear green on St. Patrick's Day?

- 1. You get pinched
- 2. You get to pinch someone
- 3. You get slapped by someone

If you catch a Leprechaun and take your eyes off him, what happens?

- He vanishes and so will your hopes of finding his treasure
- 2. He steals a kiss
- 3. He gives you all his gold

Answers to St. Patrick's Day Quiz can be found on page 41

Fun Beer Facts....

About 4000 years ago, it was the accepted practice in Babylonia that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink. Mead is a honey beer, and because their calendar was lunar based, this period was called the "honey month" or what we know to day as the "Honey moon" Before invention of the thermometer, brewers used to check the temperature by dipping their thumb, to find whether appropriate for adding Yeast. Too hot, the yeast would die. This is where we get the phrase "The Rule of the Thumb" In English pubs, ale is ordered by pints and quarts. So in old England, when customers got unruly, the bartender used to yell at them to mind their own pints and quarts and settle down. From where we get "mind your own P's and Q's". After consuming a vibrant brew called Aul or Ale, the Vikings would go fearlessly to the battlefield, without their armor, or even their shirts. The "Berserk" means "bear shirt" in Norse, and eventually to the meaning of wild battles. Way down in 1740, the Admiral Veron of the British fleet decided to water down the navy's rum, which naturally, the sailors weren't pleased with. They nicknamed the Admiral Old Grog, after the still stiff grogram coats he used to wear. The term grog soon began to mean the watered down drink itself. When you are drunk on this grog, you are "groggy", a word still in use. Long ago in England, pub frequenters had a whistle baked into the rim of their beer mugs or ceramic/glass cups. The whistle was used to order services. Thus we get the phrase, "wet your whistle".

Irish Humor....

Walking into the pub, Patrick said to the bartender, "Pour me a stiff one, Sean. I just had another tiff with the little woman." "Oh yeah," said Sean. "And how did this one end?" "Well I'll tell ya now when it was over," Patrick replied, "herself came to me on her hands and knees, she did." "You don't say? Now that's a switch! What did she say?" She said, "Come out from under that bed, you gutless weasel!

A man was very ill and on the verge of dying. The doctor called the man's wife in and said, "There are three things that you can do to help your husband back to health" "What are they, sir?" "One: You must make him three huge meals every day. Two: Never argue with him.

Three: Make love to him every night.

"Agreed." Said the woman. On the way home when the husband asked what the doctor said, the woman replied, "Sorry, honey, but you aren't going to make it."

"Someday, I'd like a little brother," said a boy to his friend. "There's only so much you can blame on a dog."

Donncha and MacArthur are preparing to be blasted into space and have just left the mission briefing when one turns to the other and says, 'Mac, where are we goin?' MacArthur replies, 'Well Donncha, the man in charge said we are on a mission to the sun.' 'OK,' says Donncha, he thinks for a while and then asks, 'Won't it be a bit hot, it being the sun and all?' 'Don't be stupid, Donncha,' says MacArthur, 'the man said we'd be going at night.'

A ventriloquist is telling Irish jokes in Davy Byrne's pub in Grafton Street, Dublin, when, O'Leary, an irate Irishman stands up shouting, 'You're making out we're all dumb and stupid. I ought to punch you in the nose.' 'I'm sorry sir, I.......' 'Not you,' says O'Leary, 'I'm talking to that little fella on your knee.'

An Irishman, by the name of O'Malley proposed to his girl on St. Patrick's Day. He gave her a ring with a synthetic diamond. The excited young lass showed it to her father, a jeweler. He took one look at it and saw it wasn't real. The young lass on learning it wasn't real returned to her future husband. She protested vehemently about his cheapness. 'It was in honor of St. Patrick's Day, 'he smiled.'I gave you a sham rock.'

O'Gara was arrested and sent for trial for armed bank robbery. After due deliberation, the jury foreman stood up and announced, 'Not guilty.' 'That's grand,' shouted O'Gara, 'Does that mean I get to keep the money?'

Irish Knock Knock

Knock Knock Who's there? Irish! Irish who? Irish you a happy St. Patrick's Day

A cop pulls up two Irish drunks, and says to the first, "What's your name and address?" "I'm Paddy O'Day, of no fixed address!" The cop turns to the second drunk, and asks the same question. "I'm Seamus O'Toole, and I live in the flat above Paddy!"

Hey," said a new arrival in the pub, "I've got some great Irish jokes." "Before you start," said the big bloke in the corner, ", I'm Irish." "Don't worry," said the newcomer, "I'll tell the jokes slowly."

'I had an accident opening a can of alphabet spaghetti this morning,' said Murphy. 'Were you injured?' inquired Seamus. 'No, but it could have spelled disaster,' concluded Murphy.



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Two Irish mothers, Kate and Lorna were talking about their sons. Kate says, 'My Patrick is such a saint. He works hard, doesn't smoke, and he hasn't so much as looked at a woman in over two years.' Lorna responds, 'Well, my Francis is a saint himself. Not only hasn't he not looked at a woman in over three years, but he hasn't touched a drop of liquor in all that time.' 'My word,' says Kate, 'You must be so proud.' 'I am,' announces Lorna, 'And when he's paroled next month, I'm going to throw him a big party.'

 Why did St. Patrick drive all the snakes out of Ireland? He couldn't afford the plane fare.

- What happens when a leprechaun falls into a river? He gets wet.
- What do you call a diseased Irish criminal? A leper con.

Liam had left Dublin to go up to Belfast for a bit of skydiving. Late Sunday evening he was found in tree by a farmer. "What happened?" asked the farmer. Liam replied that his parachute failed to open. "Well," said the farmer, "if you had of asked the locals before you jumped, they would have told you nothing opens here on a Sunday."

Spanish singer Julio Iglesias was on television with British TV host Anne Diamond when he used the word 'man Yana'.

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Diamond asked him to explain what it meant. He said that the term means "maybe the job will be done tomorrow, maybe the next day, maybe the day after that. Perhaps next week, next month, or next year. Who cares?" The host turned to Irishman Shay Brennan who was also on the show and asked him if there was an equivalent term in Irish. "No. In Ireland we don't have a word to describe that degree of urgency." replied Brennan

Mick and Paddy were walking in Covent Garden in London. It was their first week in the capital and they were a bit naïve. 'Lord above Paddy, this is a great city,' says Mick. 'Why's that Mick?' responds Paddy. 'Well, to be sure,' explains Mick, 'where else in the world would a complete stranger come up to you, make idle chat, invite you to dinner and then offer you to spend the night at their house?' 'Begorrah, 'splutters Paddy, 'did that happen to you?' 'No,' says Mick, 'but it happens to my beautiful sister all the time.

Two Irishmen, Patrick Murphy and Shawn O'Brian grew up together and were lifelong friends. But alas, Patrick developed cancer, and was dying. While on his deathbed, Patrick called to his buddy, Shawn, "O'Brian, come 'ere. I 'ave a request for ye." Shawn walked to his friend's bedside and kneels. "Shawny ole boy, we've been friends all our lives, and now I'm leaving 'ere. I 'ave one last request fir ye to do." O'Brian burst into tears, "Anything Patrick, anything ye wish. It's done." "Well, under me bed is a box containing a bottle of the finest whiskey in all of Ireland. Bottled the year I was born it was. After I die, and they plant me in the ground, I want you to pour that fine whiskey over me grave so it might soak into me bones and I'll be able to enjoy it for all eternity." O'Brian was overcome by the beauty and in the true Irish spirit of his friend's request, he asked, "Aye, tis a fine thing you ask of me, and I will pour the whiskey. But, might I strain it through me kidneys first?"

An aging man lived alone in Ireland. His only son was in Long Kesh Prison, and he didn't know anyone who would spade up his potato garden. The old man wrote to his son about it, and received this reply, "For HEAVENS SAKE, don't dig up that garden, that's where I buried the GUNS!!!!!" At 4 A.M. the next morning, a dozen British soldiers showed up and dug up the entire garden, but didn't find any guns. Confused, the man wrote to his son telling him what happened and asking him what to do next. His son's reply was: "Just plant your potatoes."

Two Irishmen, Patrick & Michael, were adrift in a lifeboat following a dramatic escape from a burning freighter. While rummaging through the boat's provisions, Patrick stumbled across an old lamp. Secretly hoping that a genie would appear, he rubbed the lamp vigorously To the amazement of Patrick, a genie came forth. This particular genie, however, stated that he could only deliver one wish, not the standard three. Without giving much thought to the matter, Patrick blurted out, "Make the entire ocean into Guinness Beer!" The genie clapped his hands with a deafening crash, and immediately the entire sea turned into the finest brew ever sampled by mortals.



Simultaneously, the genie vanished. Only the gentle lapping of Guinness on the hull broke the stillness as the two men considered their circumstances. Michael looked disgustedly at Patrick whose wish had been granted. After a long, tensionfilled moment, he spoke: "Nice going Patrick! Now we're going to have to pee in the boat!

A Texan rancher comes to Ireland and meets a Kerry farmer. The Texan says: "Takes me a whole day to drive from one side of my ranch to the other." The Kerry farmer says: "Ah sure. I know, sir. We have tractors like that over here too."

An Irishman and an American were sitting in the bar at Shannon Airport. "I've come to meet my brother," said the Irishman. "He's due to fly in from America in an hour's time. It's his first trip home in forty years". "Will you be able to recognize him?" asked the American. "I'm sure I won't," said the Irishman, "after all, he's been away for a long time". "I wonder if he'll recognize you?" said the American. "Of course he will," said the Irishman. "Sure, because I haven't been away at all".

His wife had been killed in an accident and the police were questioning Finnegan. "Did she say anything before she died?" asked the sergeant. "She spoke without interruption for about forty years," said the Irishman.

A young gentleman sitting at a bar with his pet pig asks for a couple of drinks. The confused bartender said no animals were allowed at the bar. The man proceeded to say "Ah, but this is a very special pig. Just last week there was a fire in the house and that pig came charging out of his pen into the house and woke us all up .Then a few days later my son fell into the pool and that pig was grazing out on the lawn, and he came running and jumped into the pool and saved my son. "Well " said the bartended "I guess this pig is very special so I'll get him a drink. By the way I noticed that he is missing one leg, what happened? " "Well said the young man, when you got a pig this good you don't eat him all at once !!!"

The Doctor was puzzled "I'm very sorry but I can't diagnose your trouble, Mahoney. I think it must be drink. " "Don't worry about it Dr. Kelley, I'll come back when you're sober."

Murphy told Quinn that his wife was driving him to drink. Quinn thinks he's very lucky because his own wife makes him walk!!

"Did you hear that Flanagan invented an invisible deodorant?" "No, what good is it ?" "Well if you use, you vanish and no one knows where the smell is coming from !"

The Bottle Of Wine

For all of us who are married, were married, wish you were married, or wish you weren't married, this is something to smile about the next time you see a bottle of wine:





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Sally was driving home from one of her business trips in Northern Arizona when she saw an elderly Navajo woman walking on the side of the road. As the trip was a long and quiet one, she stopped the car and asked the Navajo woman if she would like a ride. With a silent nod of thanks, the woman got into the car. Resuming the journey, Sally tried in vain to make a bit of small talk with the Navajo woman. The old woman just sat silently, looking intently at everything she saw, studying every little detail, until she noticed a brown bag on the seat next to Sally. 'What in bag?' asked the old woman. Sally looked down at the brown bag and said, 'It's a bottle of wine. I got it for my husband.' The Navajo woman was silent for another moment or two. Then speaking with the quiet wisdom of an elder, she said: 'Good trade.....'

Never look down on anybody, unless you're helping them up. Time waits for no one. Treasure every moment you have. You will treasure it even more when you can share it with someone special. Remember ... Hold on tight to the ones you love!

A FLORIDA COURT SETS ATHEIST HOLY DAY

In Florida an atheist created a case against Easter and Passover Holy days. He hired an attorney to bring a discrimination case against Christians and Jews and observances of their holy days. The argument was that it was unfair that atheists had no such recognized days. The case was brought before a judge. After listening to the passionate presentation by the lawyer, the judge banged his gavel declaring, "Case dismissed!" The lawyer immediately stood and objecting to the ruling saying, "Your honor, How can you possibly dismiss this case? The Christians have Christmas, Easter and others. The Jews have Passover, Yom Kippur and Hanukkah, yet my client and all other atheists have no such holidays..." The judge leaned forward in his chair saying, "But you do. Your client, counselor, is woefully ignorant."The lawyer said," Your Honor, we are unaware of any special observance or holiday for atheists." The judge said, "The calendar says April 1st is April Fool's Day. Psalm 14:1 states, 'The fool says in his heart, there is no God.' Thus, it is the opinion of this court, that, if your client says there is no God, then he is a fool. Therefore, April 1st is his day. Court is adjourned..." You gotta love a judge that knows his scripture!

Subject:The physical

During my physical, my doctor asked me about my daily activity level, and so I described a typical day this way: "Well, yesterday afternoon, I waded along the edge of a lake, drank eight beers, escaped from wild dogs in the heavy brush, marched up and down several rocky hills, stood in a patch of poison ivy, crawled out of quicksand, jumped away from an aggressive rattlesnake and took four 'leaks' behind big trees." Inspired by the story, the doctor said, "You sound like one hell of an outdoors man!" 'No,' I replied, "I'm just a shitty golfer."

An Irish priest was transferred to Texas.

Father O'Malley rose from his bed one morning. It was a fine

spring day in his new west Texas mission parish. He walked to the window of his bedroom to get a deep breath of the beautiful day outside. He then noticed there was a jackass lying dead in the middle of his front lawn. He promptly called the local police station. The conversation went like this: "Good morning. This is Sergeant Jones. How might I help you?" "And the best of the day te yerself. This is Father O'Malley at St. Ann's Catholic Church. There's a jackass lying dead in me front lawn and would ye be so kind as to send a couple o'yer lads to take care of the matter?" Sergeant Jones, considering himself to be quite a wit and recognizing the foreign accent, thought he would have a little fun with the good father, replied, "Well now Father, it was always my impression that you people took care of the last rites!"There was dead silence on the line for a long moment......Father O'Malley then replied: "Aye,'tis certainly true; but we are also obliged to notify the next of kin first, which is the reason for me call."

We older people need to learn something new every day... Just to keep the grey matter tuned up.

Where did the phrase "Piss Poor" come from?

Interesting history. They used to use urine to tan animal skins, so families used to all pee in a pot. And then once it was full it was taken and sold to the tannery... if you had to do this to survive you were "Piss Poor". But worse than that were the really poor folk who couldn't even afford to buy a pot... They "didn't have a pot to piss in" and were the lowest of the low. The next time you are washing your hands and complain because the water temperature isn't just how you like it, think about how things used to be.

Here are some facts about the 1500's

- Most people got married in June because they took their yearly bath in May, And they still smelled pretty good by June.. However, since they were starting to smell, brides carried a bouquet of flowers to hide the body odor. Hence the custom today of carrying a bouquet when getting married. Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, Then all the other sons and men, then the women and finally the children.
- Last of all the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying, "Don't throw the baby out with the bath water!"
- Houses had thatched roofs-thick straw-piled high, with no wood underneath, it was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof. Hence the saying, "It's raining cats and dogs." There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed.

Hence, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence.

- The floor was dirt. Only the wealthy had something other than dirt. Hence the saying, "Dirt poor." The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on the floor to help keep their footing.. As the winter wore on, they added more thresh until, when you opened the door, it would all start slipping outside. A piece of wood was placed in the entrance-way. Hence: a thresh hold. (Getting quite an education, aren't you?)
- In those old days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes stew had food in it that had been there for quite a while. Hence the rhyme: Peas porridge hot, peas porridge cold, peas porridge in the pot nine days old." Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of wealth that a man could, "bring home the bacon." They would cut off a little to share with guests And would all sit around and chew the fat.
- Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food, causing lead poisoning death. This happened most often with tomatoes, so for the next 400 years or so, tomatoes were considered poisonous.
- Bread was divided according to status.. Workers got the burnt bottom of the loaf, the family got the middle and guests got the top, or the upper crust.
- Lead cups were used to drink ale or whisky. The combination would sometimes knock the imbibers out for a couple of days..Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up. Hence the custom; holding a wake."
- England is old and small and the local folks started running out of places to bury people. So they would dig up coffins and would take the bones to a bone-house, and reuse the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive. So they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (the graveyard shift) to listen for the bell; thus, someone could be, saved by the bell" or was "considered a dead ringer." And that's the truth. Now, whoever said history was boring!!!

So get out there and educate someone! Share these facts with a friend.

- Inside every older person is a younger person wondering, "What the heck happened?" We'll be friends until we are old and senile. Then we'll be new friends.
- Smile, it gives your face something to do!

The Date:

A boy and his date were parked on a back road some distance from town, doing what boys and girls do on back roads some distance from town. Things were getting hot and heavy when the girl stopped the boy. "I really should have mentioned this earlier, but I'm actually a hooker and I charge \$20 for sex," she said. The boy just looked at her for a couple of seconds, but then reluctantly paid her, and they did their thing. After the cigarette, the boy just sat in the driver's seat looking out the window. "Why aren't we going anywhere?" asked the hooker. "Well, I should have mentioned this before, but I'm actually a taxi driver, and the fare back to town is \$25.

Blond joke

The pretty, young blond woman sat in her stalled car, waiting for help. Finally two men walked up to her. "I'm out of gas," she purred. 'Could you push me to the gas station?"The men readily put their muscles to the car and rolled it several blocks. After a while, one looked up, exhausted, to see that they had just passed a filling station. "How come you didn't turn in?" he yelled. "I never go there," the blond shouted back. "They don't have full service.'

The Woodpecker

Two tall trees, a birch and a beech, are growing in the woods. A small tree begins to grow between them, and the beech says





to the birch, "Is that a son of a beech or a son of a birch?" The birch says he cannot tell. Just then a woodpecker lands on the sapling. The birch says, "Woodpecker, you are a tree expert. Can you tell if that is a son of a beech or a son of a birch?"The woodpecker takes a taste of the small tree. He replies, "It is neither a son of a beech nor a son of a birch. It is, however, the best piece of ash I have ever put beak in."

Redneck Medical Dictionary

Rednecks have the lowest stress rate because they do not take medical terminology seriously. You are going to die anyway, so live life.

Medical Term Redneck Definition
Artery - The study of paintings
Bacteria - Back door to cafeteria

Barium - What doctors do when patients die Benign - What you be, after you be eight

Caesarean

Section- A neighborhood in Rome

Cat scan- Searching for Kitty

Cauterize - Made eye contact with her

Colic - A sheep dog

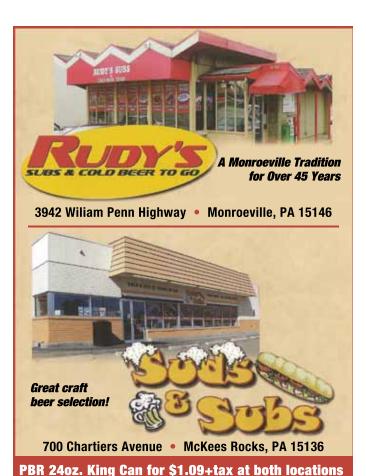
Coma - A punctuation mark

Dilate - To live long Enema - Not a friend

Fester - Quicker than someone else

Fibula - A small lie

Impotent - Distinguished, well known Labor Pain - Getting hurt at work



Medical Staff - A Doctor's cane
Morbid - A higher offer

Nitrates - Rates of Pay for Working at Night,

Normally more money than Days

Node - I knew it

Outpatient - A person who has fainted Pelvis - Second cousin to Elvis

Post Operative - A letter carrier

Recovery Room - Place to do upholstery
Rectum - Nearly killed him
Secretion - Hiding something
Seizure - Roman Emperor
Tablet - A small table

Terminal Illness - Getting sick at the airport
Tumor - One plus one more
Urine - Opposite of you're out

Things To Ponder:

- He who laughs last, thinks slowest.
- Everyone has a photographic memory. Some people don't have film.
- · A day without sunshine is like, well, night.
- On the other hand, you have different fingers.
- Change is inevitable, except from a vending machine.
- I just got lost in thought. It was unfamiliar territory.
- When the chips are down, the buffalo is empty.
- Seen it all, done it all, can't remember most of it.
- Those who live by the sword get shot by those who don't.
- I feel like I'm diagonally parked in a parallel universe
- He's not dead, he's electroencephalographically challenged.
- You have the right to remain silent. Anything you say will be misquoted, then used against you.
- I wonder how much deeper the ocean would be without sponges.
- Honk if you love peace and quiet.
- Despite the cost of living, have you noticed how it remains so popular?
- Nothing is fool-proof to a sufficiently talented fool.
- It is hard to understand how a cemetery raised its burial cost and blamed it on the cost of living.
- Just remember...if the world didn't suck, we'd all fall off.
- The 50-50-90 rule: Anytime you have a 50-50 chance of getting something right, there's a 90% probability you'll get it wrong.
- It is said that if you line up all the cars in the world end to end, someone would be stupid enough to try and pass them
- You can't have everything, where would you put it?
- Latest survey shows that 3 out of 4 people make up 75% of the world's population.
- The things that come to those that wait may be the things left by those who got there first.
- A fine is a tax for doing wrong. A tax is a fine for doing well.
- It was recently discovered that research causes cancer in rats
- Everybody lies, but it doesn't matter since nobody listens.
- I wished the buck stopped here, as I could use a few.
- I started out with nothing, and I still have most of it.
- Light travels faster than sound. This is why some people appear bright until you hear them speak.

STORY OF MY LIFE:

Law of Mechanical Repair:

After your hands become coated with grease, your nose will begin to itch.

Bath Theorem:

When the body is fully immersed in water, the telephone rings.

Law of Close Encounters:

The probability of meeting someone you know increases when you are with someone you don't want to be seen with. (Or when you're having a really bad hair day...)

Law of the Result:

When you try to prove to someone that a machine won't work, it will.

Law of Biomechanics:

The severity of the itch is inversely proportional to the reach.

Theatre Rule:

At any event, the people whose seats are furthest from the aisle arrive last

Law of Coffee:

As soon as you sit down to a cup of hot coffee, your boss will ask you to do something which will last until the coffee is cold.

Murphy's Law of Lockers:

If there are only two people in a locker room, they will have adjacent lockers. (In my case, this is known as "The Parking Lot Law" - I park our new car as far away from the building entrance and other cars as I can. There are 35 vacant parking spaces between me and the nearest vehicle. When I return to my car, I can't even open the driver's door because of the banged-up old pickup parked snugly next to me - and there are still 33 unoccupied parking spots all around us.)

Law of Dirty Rugs/Carpets:

The chances of an open-faced jelly sandwich of landing face down on a floor covering are directly correlated to the newness and cost of the carpet/rug.

Law of Location:

No matter where you go, there you are.

Law of Logical Argument:

Anything is possible if you don't know what you are talking about.

Brown's Law:

If the shoe fits, it's ugly.

THE FENCE:

A little old lady is walking down the street, dragging two plastic garbage bags with her, one in each hand. There's a hole in one of the bags, and every once in a while a \$20 bill is flying out of it onto the pavement. Noticing this, a policeman stops her...."Ma'am, there are \$20 bills falling out of that bag..."
"Damn!" says the little old lady....."I'd better go back and see if I can still find some. Thanks for the warning!" "Well, now, not so

fast," says the cop. "How did you get all that money?" "Did you steal it?" "Oh, no", says the little old lady. "You see, my back yard backs up to the parking lot of the football stadium. Each time there's a game, a lot of fans come and pee in the bushes, right into my flower beds!" "So, I go and stand behind the bushes with a big hedge clipper, and each time someone sticks his little thingie through the bushes, I say: \$20 or off it comes!" "Hey, not a bad idea!" laughs the cop. "OK, good luck! By the way, what's in the other bag?" "Well", says the little old lady, "not all of them pay up"....

THE REDNECK CHALLENGE:

We are sick and tired of hearing about how dumb people are in the South, and we challenge any so-called "smart" Yankee to take this exam:

- 1. Calculate the smallest limb diameter on a persimmon tree that will support a 10 pound possum.
- 2. Which of these cars will rust out the quickest when placed on blocks in your front yard?
- (A) '65 Ford Fairlane
- (B) '69 Chevrolet Chevelle
- (C) '64 Pontiac GTO.
- 3. If your uncle builds a still which operates at a capacity of 20 gallons of shine produced per hour, how many car radiators are required to condense the product?
- 4. A woodcutter has a chainsaw which operates at 2700 RPM. The density of the pine trees in the plot to be harvested is

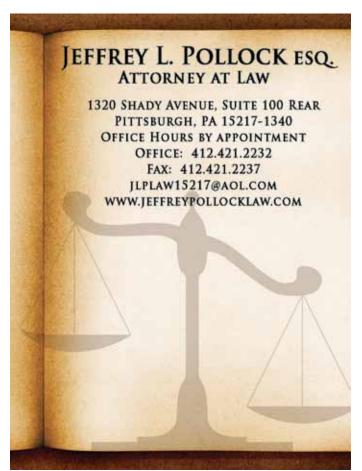




470 per acre. The plot is 2.3 acres in size. The average tree diameter is 14 inches. How many Buds will be drunk before the trees are cut down?

- 5. A front porch is constructed of 2x8 pine on 24-inch centers with a field rock foundation. The span is 8 feet and the porch length is 16 feet. The porch floor is 1-inch rough sawn pine. When the porch collapses, how many dogs will be killed?
- 6. A man owns a Georgia house and 3.7 acres of land in a hollow with an average slope of 15%. The man has five children. Can each of his grown children place a mobile home on the man's land and still have enough property for their electric appliances to sit out front?
- 7. A 2-ton truck is overloaded and proceeding 900 yards down a steep slope on a secondary road at 45 MPH. The brakes fail. Given average traffic conditions on secondary roads, what is the probability that it will strike a vehicle with a muffler?
- 8. With a gene pool reduction of 7.5% per generation, how long will it take a town which has been bypassed by the Interstate to breed a country-western singer?

I betcha thought that there test was gonna be an easy one, didn't ya? It's okay if'n ya didn't do all that well. Just goes to show ya.... There's a hole heap of things that big city booklearning don't prepare ya for in this life.



UNEMPLOYMENT PAY:

Sven and Ole worked together and both were laid off, so off they went to the unemployment office. Asked his occupation, Ole said, "Panty stitcher. I sew the elastic onto cotton panties." The clerk looked up panty stitcher. Finding it classed as unskilled labor, she gave him \$300 a week unemployment pay. Sven was asked his occupation. "Diesel fitter," he replied. Since diesel fitter was a skilled job, the clerk gave Sven \$600 a week. When Ole found out he was furious. He stormed back in to the office to find out why his friend and coworker was collecting double his pay. The clerk explained: Panty stitchers were unskilled and diesel fitters were skilled labor. "What skill?" yelled Ole. "I sew the elastic on the panties, Sven pulls them down on his head and says, 'Yah, diesel fitter.'

Jokes for the Ladies:

One day my housework-challenged husband decided to wash his Sweatshirt. Seconds after he stepped into the laundry room, he shouted to me, "What setting do I use on the washing machine?" "It depends," I replied. "What does it say on your shirt?" He yelled back, "University of Oklahoma." And they say blondes are dumb...

A couple is lying in bed. The man says, "I am going to make you the happiest woman in the world." The woman replies, "I'll miss you..."

"It's just too hot to wear clothes today," Jack says as he stepped out of the shower, "honey, what do you think the neighbors would think if I mowed the lawn like this?" "Probably that I married you for your money," she replied.

He said - Shall we try swapping positions tonight? She said - That's a good idea... you stand by the ironing board while I sit on the sofa and fart.

Q: What do you call an intelligent, good looking, sensitive man? A: A rumor

A man and his wife, now in their 60's, were celebrating their 40th wedding anniversary. On their special day a good fairy came to them and said that because they had been so good that each one of them could have one wish. The wife wished for a trip around the world with her husband. Whoosh! Immediately she had airline/cruise tickets in her hands. The man wished for a female companion 30 years younger... Whoosh...immediately he turned ninety!!! Gotta love that fairy!

QUESTIONS AND ANSWERS:

Q: Why do little boys whine?

A: They are practicing to be men.

Q: What do you call a handcuffed man?

A: Trustworthy.

Q: What does it mean when a man is in your bed gasping for breath and calling your name?

A: You did not hold the pillow down long enough.

Q: Why do female black widow spiders kill their males after matina?

A: To stop the snoring before it starts.

Q: Why do men whistle when they are sitting on the toilet? A: It helps them remember which end they need to wipe.

Q: What is the difference between men and women? A: A woman wants one man to satisfy her every need. A man wants every woman to satisfy his one need.

Q: How do you keep your husband from reading your e-mail? A: Rename the mail folder "Instruction Manuals"

Kentucky News

- A guy from Kentucky passed away and left his entire estate to his beloved widow, but she can't touch it 'til she's
- How can you tell if a Kentucky redneck is married? There's dried tobacco juice on BOTH sides of his pickup truck.
- Did you hear that they have raised the minimum drinking age in Kentucky to 32? It seems they want to keep alcohol out of the high schools.
- What do they call reruns of "Hee Haw" in Kentucky? Documentaries.
- Where was the toothbrush invented? Kentucky (and West Virginia). If it had been invented anywhere else, it would have been called a teeth brush.
- A Kentucky State trooper pulls over a pickup on I-64 and says to the driver, "Got any I.D.?" and the driver replies "Bout wut?"
- Did you hear about the \$3 million Kentucky State Lottery? The winner gets \$3.00 a year for a million years.
- The governor's mansion in Kentucky burned down! Yep. Pert near took out the whole trailer park. The library was a total loss, too. Both books - poof! Up in flames, and they hadn't even finished coloring one of them.
- A new law was recently passed in Kentucky . . . When a couple gets divorced they are STILL cousins.
- At the scene of the accident a trooper asked the Kentucky driver what gear he was in at the moment of impact. He replied, "tractor hat and camouflage hunting outfit"
- Folks in Kentucky now go to movies in groups of 18. They were told "17 and under are not admitted".
- A Kentucky man spoke frantically into the phone, "My wife is pregnant and her contractions are only 2 minutes apart!" "Is this her first child?", the doctor asked. "No ya dummy" the man shouted. "This is her husband!"

THINGS TO PONDER:

- 1. I used to eat a lot of natural foods until I learned that most people die of natural causes.
- 2. Gardening Rule: When weeding, the best way to make sure you are removing a weed and not a valuable plant is to pull

- on it. If it comes out of the ground easily, it is a valuable plant.
- The easiest way to find something lost around the house is to buy a replacement.
- 4. Never take life seriously. Nobody gets out alive anyway.
- The only difference between a rut and a grave is the depth.
- Some people are like Slinkies. Not really good for anything, but you still can't help but smile when you see one tumble down the stairs.
- Health nuts are going to feel stupid someday, lying in hospitals dying of nothing.
- Have you noticed since everyone has a camcorder these days no one talks about seeing UFOs like they used to?
- 9. Whenever I feel blue, I start breathing again.
- 10. All of us could take a lesson from the weather. It pays no attention to criticism.
- 11. In the 60's, people took acid to make the world weird. Now the world is weird and people take Prozac to make it
- 12. Politics is supposed to be the second oldest profession. I have come to realize that it bears a very close resemblance
- 13. How is it one careless match can start a forest fire, but it takes a whole box to start a campfire?
- 14. Who was the first person to look at a cow and say, "I think I'll squeeze these dangly things here, and drink whatever comes out?"
- 15. Who was the first person to say, "See that chicken there? I'm gonna eat the next thing that comes out of its butt."

DIE-HARD FOOTBALL FANS:

Four Die-Hard football fans go rock climbing one afternoon . . .



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... a Cowboys fan, a Packers fan, a Browns fan, and a Steelers fan. They had been arguing all the way up the mountain about who among them was the most "die-hard" fan. Upon reaching the top of the mountain, the Cowboys fan proclaimed to the other four... "This is for the Dallas Cowboys!" and promptly threw himself off the mountain as a form of sacrifice. Not to be outdone by a Cowboys fan, the Packers fan jumped up and said... "This is for the Green Bay Packers!" and then threw himself off the mountain as a form of sacrifice. Refusing to be outdone by the Cowboy and Packer fans, the Steelers fan rose to his feet and yelled at the top of his lungs "This is for the Pittsburgh Steelers!" and without any hesitation, pushed the Cleveland Browns fan off the mountain.

BEER, FISHING, SEX & GOLF

A man was walking down the street when he was accosted by a particularly dirty and shabby-looking homeless man who asked him for a couple of dollars for dinner. The man took out his wallet, extracted ten dollars and asked, "If I give you this money, will you buy some beer with it instead of dinner?" "No, I had to stop drinking years ago," the homeless man replied. "Will you use it to go fishing instead of buying food?" the man asked. "No, I don't waste time fishing," the homeless man said. "I need to spend all my time trying to stay alive." "Will you spend this on greens fees at a golf course instead of food?" the man asked. "Are you NUTS!" replied the homeless man. "I haven't played

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golf in 20 years!" "Will you spend the money on a woman in the red light district instead of food?" the man asked. "What disease would I get for ten lousy bucks?" exclaimed the homeless man. "Well," said the man, "I'm not going to give you the money. Instead, I'm going to take you home for a terrific dinner cooked by my wife." The homeless man was astounded. "Won't your wife be furious with you for doing that? I know I'm dirty, and I probably smell pretty disgusting." The man replied, "That's okay. It's important for her to see what a man looks like after he has given up beer, fishing, golf, and sex."

THE PROFESSOR:

At Duke University, there were four sophomores taking chemistry and all of them had an "A" so ! far. These 4 friends were so confident, that the weekend before finals, they decided to visit some friends and have a big party. They had a great time, but after all the hearty partying, they slept all day Sunday and didn't make it back to Duke until early Monday morning. Rather than taking the final then, they decided that after the final they would explain to their professor why they missed it. They said that they visited friends but on the way back they had a flat tire. As a result, they missed the final. The professor agreed they could make up the final the next day. The guys were excited and relieved. They studied that night for the exam. The Professor placed them in separate rooms and gave them a test booklet. They quickly answered the first problem worth 5 points. Cool, they thought! Each one in separate rooms, thinking this was going to be easythen they turned the page.* * * On the second page was written ... For 95 points: Which tire?

TWO BLONDES

Two blondes living in Oklahoma were sitting on a bench talking and one blonde says to the other, "Which do you think is farther away, Florida or the moon?" The other blonde turns and says, "Hellooooooooo, can't you see Florida?"

CAR TROUBLE

A blonde pushes her BMW into a gas station. She tells the mechanic it died. After he works on it for a few minutes, it is idling smoothly. She says, "What's the story?" He replies, "Just crap in the carburetor." She asks, "How often do I have to do that?"

SPEEDING TICKET

A police officer stops a blonde for speeding and asks her very nicely if he could see her license. She replied in a huff, "I wish you guys would get your act together. Just yesterday you take away my license and then today you expect me to show it to you!"

RIVER WALK

There's this blonde out for a walk. She comes to a river and sees another blonde on the opposite bank. "Yoo-hoo!", she shouts, "How can I get to the other side?" The second blonde looks up the river then down the river and shouts back, "You ARE on the other side!"

AT THE DOCTOR'S OFFICE

A gorgeous young redhead goes into the doctor's office and said that her body hurt wherever she touched it. "Impossible!", says the doctor. "Show me." The redhead took her finger, pushed on her left breast and screamed; then she pushed her elbow and screamed even more. She pushed her knee and screamed; likewise, she pushed her ankle and screamed.

Everywhere she touched made her scream. The doctor said, "You're not really a redhead, are you?" "Well, no" she said, "I'm actually a blonde." "I thought so," the doctor said. "Your finger is broken!"

KNITTING

A highway patrolman pulled alongside a speeding car on the freeway. Glancing at the car, he was astounded to see that the blonde behind the wheel was knitting! Realizing that she was oblivious to his flashing lights and siren, the trooper cranked down his window, turned on his bullhorn and yelled, "PULL OVER!" "NO!", the blonde yelled back; "IT'S A SCARF!"

BLONDE ON THE SUN

A Russian, an American, and a blonde were talking one day. The Russian said, "We were the first in space!" The American said, "We were the first on the moon!" The blonde said, "So what? We're going to be the first on the sun!" The Russian and the American looked at each other and shook their heads. "You can't land on the sun, you idiot! You'll burn up!", said the Russian. To which the blonde replied, "We're not stupid, you know. We're going at night!"

IN A VACUUM

A blonde was playing Trivial Pursuit one night. It was her turn. She rolled the dice and she landed on Science & Nature. Her question was, "If you are in a vacuum and someone calls your name, can you hear it?" She thought for a time and then asked, "Is it on or off?"

and last but not least...A girl was visiting her blonde friend, who had acquired two new dogs, and asked her what their names were. The blonde responded by saying that one was named Rolex and one was named Timex. Her friend said, "Whoever heard of someone naming dogs like that?" "Hellooooooooo......," answered the blond. "They're watch dogs."

Some Classics

You may remember the old Jewish Catskill comics of Vaudeville days, Shecky Green, Red Buttons, Totie Fields, Milton Berle, Henny Youngman, and others? You've probably heard of them before, but don't you miss their humor? Not one single swear word in their comedy.

- I've been in love with the same woman for 49 years. If my wife ever finds out, she'll kill me!
- What are three words a woman never wants to hear when she's making love? "Honey, I'm home!"
- Someone stole all my credit cards, but I won't be reporting
 it. The thief spends less than my wife did.
- We always hold hands. If I let go, she shops.
- My wife and I went back to the hotel where we spent our wedding night, only this time I stayed in the bathroom and cried.
- My wife and I went to a hotel where we got a waterbed.
 My wife called it the Dead Sea.
- She was at the beauty shop for two hours. That was only

- for the estimate. She got a mudpack and looked great for two days. Then the mud fell off.
- I was just in London there is a 6-hour time difference. I'm still confused. When I go to dinner, I feel sexy. When I go to bed, I feel hungry.
- The doctor gave a man six months to live. The man couldn't pay his bill, so the doctor gave him another six months.
- The Doctor called Mrs. Cohen saying, "Mrs. Cohen, your check came back." Mrs. Cohen answered, "So did my arthritis!"
- Doctor: "You'll live to be 60!" Patient: "I AM 60!" Doctor: "See! What did I tell you?"
- A doctor has a stethoscope up to a man's chest. The man asks, "Doc, how do I stand?" The doctor says, "That's what puzzles me!"
- Doctor says to a man, "You're pregnant!" The man says, "How does a man get pregnant?" The doctor says, "The usual way. A little wine, a little dinner, you know?"
- Patient: "I have a ringing in my ears." Doctor: "Don't answer!"
- A drunk was in front of a judge. The judge says, "You've been brought here for drinking." The drunk says "Okay, let's get started."





- A bum asked a Jewish fellow, "Give me \$10 till payday."
 The Jewish fellow responded, "When's payday?" The bum said, "I don't know! You're the one that's working!"
- There was a beautiful young woman knocking on my hotel room door all night! I finally had to let her out.
- Why do Jewish divorces cost so much? They're worth it.
- Why do Jewish men die before their wives? They want to.
- A car hit an elderly Jewish man. The paramedic says, "Are you comfortable?" The man says, "I make a good living."
- I just got back from a pleasure trip. I took my mother-inlaw to the airport.
- I wish my brother would learn a trade, so I would know what kind of work he's out of.

Blind Man

A blind man enters a lesbian bar by mistake. He finds his way to a bar stool and orders a drink. After sitting there for a while, he yells to the bartender in a loud voice, "Hey bartender, you wanna hear a dumb blonde joke?" The bar immediately falls deathly quiet. In a deep, husky voice, the woman next to him says, "Before you tell that joke, sir, I think it is just fair, given that you are blind, that you should know five things...

One: The bartender is a blonde woman.
Two: The bouncer is a blonde woman.

Three: The woman sitting next to me is blonde and is a

professional boxer.

Four: The lady to your right is a blonde and is a professional

wrestler.

Five: I'm a 6-foot, 200 pound blonde woman with a Ph.D., a

black belt in karate, and a very bad attitude.

Now, think about it seriously, mister. Do you still want to tell that joke?"The blind man thinks for a second, shakes his head and says: "Nah. Not if I'm gonna have to explain it five times."

AH GOLF:

- Winston Churchill: "Golf is like chasing a quinine pill around a cow pasture."
- Jack Benny: "Give me the fresh air, a beautiful partner, and a nice round of golf, and you can keep the fresh air and the round of golf."
- 3. Lee Trevino: "You can make a lot of money in this game.

 Just ask my ex-wives. Both of them are so rich that neither of their husbands work."
- Unknown . "Golf is not a game, it's bondage. It was obviously devised by a man torn with guilt, eager to atone for his sins."
- 5. Babe Ruth: "It took me seventeen years to get 3,000 hits in baseball. I did it in one afternoon on the golf course."
- Lee Trevino: "Columbus went around the world in 1492.
 That isn't a lot of strokes when you consider the course."
- 7. Lee Trevino: "I'm not saying my golf game went bad, but if I grew tomatoes, they'd come up sliced."
- 8. Sam Snead: "These greens are so fast I have to hold my putter over the ball and hit it with the shadow."
- 9. Paul Harvey: "Golf is a game in which you yell "fore," shoot six, and write down five."
- 10. Tommy Bolt, about the tempers of modern players: "They

- throw their clubs backwards, and that's wrong. You should always throw a club ahead of you so that you don't have to walk any extra distance to get it."
- 11. Tommy Bolt: "Putting allows the touchy golfer two to four opportunities to blow a gasket in the short space of two to forty feet."
- 12. Jimmy Demaret: "Golf and sex are about the only things you can enjoy without being good at."
- 13. Jack Lemmon: "If you think it's hard to meet new people, try picking up the wrong golf ball."
- 14. Lee Trevino: "If you're caught on a golf course during a storm and are afraid of lightning, hold up a 1-iron. Not even God can hit a 1-iron."
- 15. Chi Chi Rodriguez: "After all these years, it's still embarrassing for me to play on the American golf tour. Like the time I asked my caddie for a sand wedge and he came back ten minutes later with a ham on rye."
- 16. John Updike: "Golf appeals to the idiot in us and the child. Just how childlike golf players become is proven by their frequent inability to count past five."
- 17. "Silk Stockings" TV Show: ; "The people who gave us golf and called it a game are the same people who gave us bag pipes and called it music."
- 18. Gerald Ford: "I would like to deny all allegations by Bob Hope that during my last game of golf, I hit an eagle, a birdie, an elk and a moose."
- 19. P.G. Wodehouse: "The least thing upsets him on the links. He missed short putts because of the uproar of butterflies in the adjoining meadows."
- 20. Bob Hope: "If I'm on the course and lightning starts, I get inside fast. If God wants to play through, let him."
- 21. Ken Harrelson: "In baseball you hit your home run over the right-field fence, the left-field fence, the center-field fence. Nobody cares. In golf everything has got to be right over second base."
- 22. Chi Chi Rodriguez: "The first time I played the Masters, I was so nervous I drank a bottle of rum before I teed off. I shot the happiest 83 of my life."
- 23. Chi Chi Rodriguez: "After all these years, it's still embarrassing for me to play on the American golf tour. Like the time I asked my caddie for a sand wedge and he came back ten minutes later with a ham on rye."

Oil Change Instructions For Women:

- 1. Pull up to Jiffy Lube when the mileage reaches 3000 miles since the last oil change.
- 2. Drink a cup of coffee
- 3. 15 minutes later, write a check and leave with a properly maintained vehicle.

Money spent: Oil Change: \$20.00, Coffee: \$1.00 Total: \$21.00

Oil Change Instructions For Men:

- Wait until Saturday, drive to auto parts store and buy a case of oil, filter, kitty litter, hand cleaner and a scented tree, write a check for \$50.00.
- Stop by 7/11 and buy a case of beer, write a check for \$20, drive home.
- 3. Open a beer and drink it.
- 4. Jack car up. Spend 30 minutes looking for jack stands.
- 5. Find jack stands under kid's pedal car.
- 6. In frustration, open another beer and drink it.
- 7. Place drain pan under engine.

- 8. Look for 9/16 box end wrench.
- 9. Give up and use crescent wrench.
- 10. Unscrew drain plug.
- Drop drain plug in pan of hot oil: splash hot oil on you in process. Cuss.
- 12. Crawl out from under car to wipe hot oil off of face and arms. Throw kitty litter on spilled oil.
- 13. Have another beer while watching oil drain.
- 14. Spend 30 minutes loo king for oil filter wrench.
- 15. Give up; crawl under car and hammer a screwdriver through oil filter and twist off
- 16. Crawl out from under car with dripping oil filter splashing oil everywhere from holes. Cleverly hide old oil filter among trash in trash can to avoid environmental penalties. Drink a beer.
- 17. Install new oil filter making sure to apply a thin coat of oil to gasket surface.
- 18. Dump first quart of fresh oil into engine.
- 19. Remember drain plug from step 11.
- 20. Hurry to find drain plug in drain pan.
- 21. Drink beer.
- 22. Discover that first quart of fresh oil is now on the floor. Throw kitty litter on oil spill.
- 23. Get drain plug back in w! ith onl y a minor spill. Drink beer.
- Crawl under car getting kitty litter into eyes. Wipe eyes with oily rag used to clean drain plug. Slip with stupid
- crescent wrench tightening drain plug and bang knuckles on frame removing any excess skin between knuckles and frame. Begin cussing fit.
- 26. Throw stupid crescent wrench.



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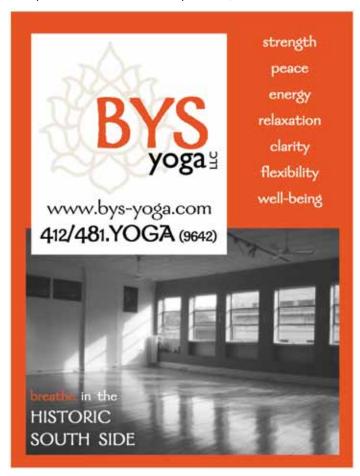
- Cuss for additional 5 minutes because wrench hit bowling trophy.
- 28. Beer.
- 29. Clean up hands and bandage as required to stop blood flow.
- 30. Beer.
- 31. Dump in five fresh quarts of oil.
- 32. Beer.
- 33. Lower car from jack stands.
- 34. Move car back to apply more kitty litter to fresh oil spilled during any missed steps.
- 35. Beer.
- 36. Test drive car.
- 37. Get pulled over: arrested for driving under the influence.
- 38. Car gets impounded.
- 39. Call loving wife, make bail.
- 12 hours later, get car from impound yard.
 Money spent: Parts: \$50.00, DUI: \$2500.00, Impound fee: \$75.00, Bail: \$1500.00, Beer: \$20.00

Total: \$4,145.00

But you know the job was done right!

Harry Truman

Harry Truman, from Missouri, was a different kind of President. He probably made as many important decisions regarding our nation's history as any of the other 42 Presidents. However, a measure of his greatness may rest on what he did after he left the White House. Historians have written the only asset he had when he died was the house he lived in, which was Independence Missouri. On top of that, his wife inherited



the house from her Mother. When he retired from office in 1952, his income was a U.S. Army pension reported to have been \$13,507.72 a year. Congress, noting that he was paying for his stamps and personally licking them, granted him an 'allowance' and, later, a retroactive pension of \$25,000 per year. After President Eisenhower was inaugurated, Harry and Bess drove home to Missouri by themselves. There were no Secret Service following them. When offered corporate positions at large salaries, he declined, stating, 'You don't want me. You want the office of the President, and that doesn't belong to me. It belongs to the American people and it's not for sale.' Even later, on May 6, 1971, when Congress was preparing to award him the Medal of Honor on his 87th birthday, he refused to accept it, writing, 'I don't consider that I have done anything which should be the reason for any award, Congressional or otherwise.' He never owned his own home and as president he paid for all of his own travel expenses and food. Modern politicians have found a new level of success in cashing in on the Presidency, resulting in untold wealth. Today, many in Congress also have found a way to become quite wealthy while enjoying the fruits of their offices. Political offices are now for sale. Good old Harry Truman was correct when he observed, 'My choices early in life were either to be a piano player in a whore house or a politician. And to tell the truth, there's hardly any difference.'

Paul Harvey Writes

We tried so hard to make things better for our kids that we made them worse. For my grandchildren, I'd like better. I'd really like for them to know about hand me down clothes and homemade ice cream and leftover meat loaf sandwiches. I really would. I hope you learn humility by being humiliated, and that you learn honesty by being cheated. I hope you learn to make your own bed and mow the lawn and wash the car. And I really hope nobody gives you a brand new car when you are sixteen. It will be good if at least one time you can see puppies born and your old dog put to sleep. I hope you get a black eye fighting for something you believe in. I hope you have to share a bedroom with your younger brother/sister. And it's all right if you have to draw a line down the middle of the room, but when he wants to crawl under the covers with you because he's scared, I hope you let him. When you want to see a movie and your little brother/sister wants to tag along, I hope you'll let him/her. I hope you have to walk uphill to school with your friends and that you live in a town where you can do it safely. On rainy days when you have to catch a ride, I hope you don't ask your driver to drop you two blocks away so you won't be seen riding with someone as un-cool as your Mom. If you want a slingshot, I hope your Dad teaches you how to make one instead of buying one. I hope you learn to dig in the dirt and read books. When you learn to use computers, I hope you also learn to add and subtract in your head. I hope you get teased by your friends when you have your first crush on a boy\girl, and when you talk back to your mother that you learn what ivory soap tastes like. May you skin your knee climbing a mountain, burn your hand on a stove and stick your tongue on a frozen flagpole. I don't care if you try a beer once, but I hope you don't like it.. And if a friend offers you dope or a joint, I hope you realize he is not your friend. I sure hope you

make time to sit on a porch with your Grandma/Grandpa and go fishing with your Uncle. May you feel sorrow at a funeral and joy during the holidays. I hope your mother punishes you when you throw a baseball through your neighbor's window and that she hugs you and kisses you at Hanukah/Christmas time when you give her a plaster mold of your hand. These things I wish for you - tough times and disappointment, hard work and happiness. To me, it's the only way to appreciate life.. Written with a pen. Sealed with a kiss. I'm here for you. And if I die before you do, I'll go to heaven and wait for you. We secure our friends, not by accepting favors, but by doing them.

Lie Clock..

A man died and went to heaven. As he stood in front of St. Peter at the Pearly Gates, he saw a huge wall of clocks behind him. He asked, 'What are all those clocks?' St. Peter answered, 'Those are Lie-Clocks. Everyone on Earth has a Lie-Clock. Every time you lie the hands on your clock will move.' 'Oh,' said the man, 'whose clock is that?' 'That's Mother Teresa's. The hands have never moved, indicating that she never told a lie.' 'Incredible,' said the man'. And whose clock is that one?' St. Peter responded, 'That's Abraham Lincoln's clock. The hands have moved twice, telling us that Abe told only two lies in his entire life.' 'Where's Bill Clinton's clock?' asked the man. 'Bill's clock is in Jesus' office. He's using it as a ceiling fan

Pancake Mix

- Sent To Us By A Nightwire Reader.... Verified By Snopes I recently made a batch of pancakes for my healthy 14-yearold son, using a mix that was in our pantry. He said that they tasted "funny," but ate them anyway. About 10 minutes later, he began having difficulty breathing and his lips began turning purple. I gave him his allergy pill, had him sit on the sofa and told him to relax. He was wheezing while inhaling and exhaling. My husband, a volunteer Firefighter and EMT, heated up some water, and we had my son lean over the water so the steam could clear his chest and sinuses. Soon, his breathing became more regular and his lips returned to a more normal color. We checked the date on the box of pancake mix and, to my dismay, found it was very outdated. As a reference librarian at an academic institution, I have the ability to search through many research databases. I did just that, and found an article the next day that mentioned a 19-year-old male DYING after eating pancakes made with outdated mix. Apparently, the mold that forms in old pancake mix can be toxic! When we told our friends about my son's close call, we were surprised at the number of people who mentioned that they should check their own pancake mix since they don't use it often, or they had purchased it some time ago. With so many people shopping at warehouse-type stores and buying large sizes of pancake mix, I hope your readers will take the time to check the expiration date on their boxes. Also, beware of outdated cake, brownie and cookie mixes.





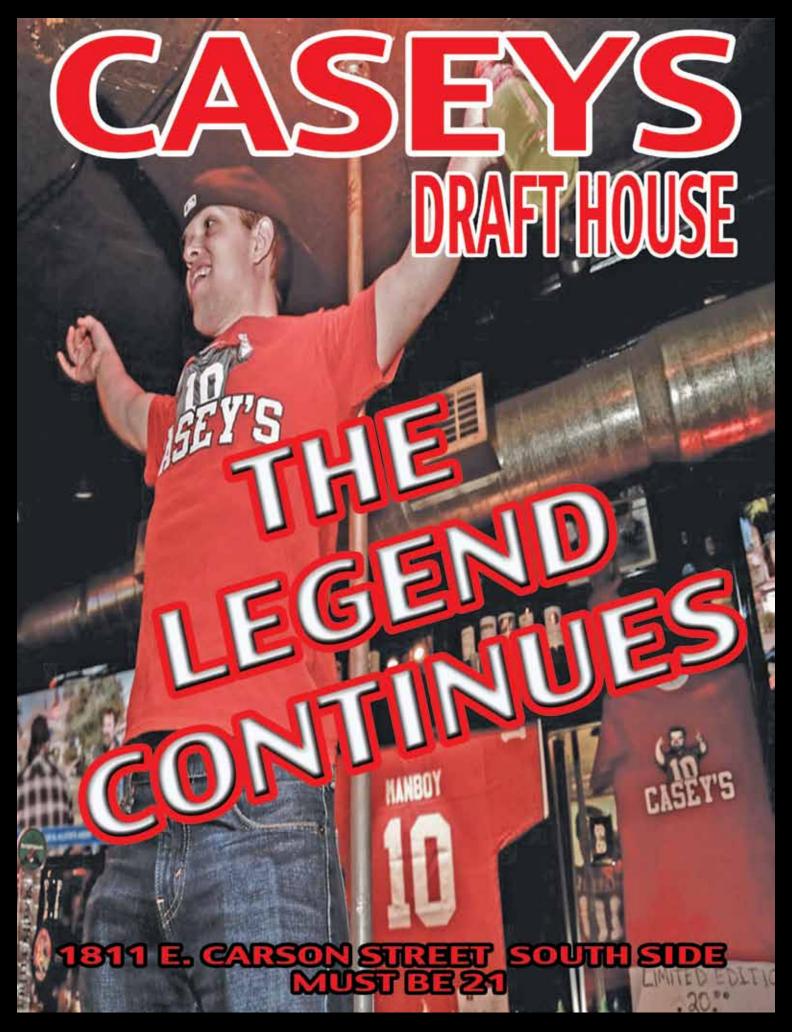
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